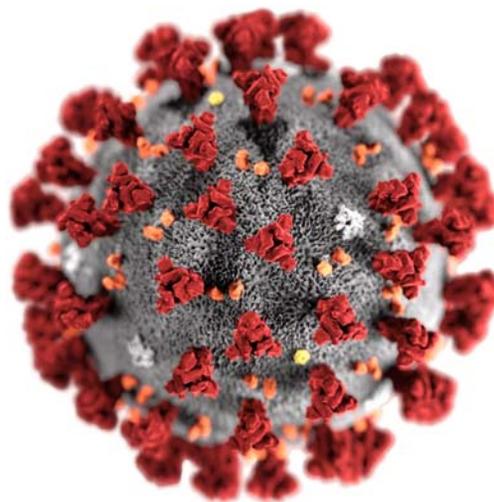


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Metro West Center For Independent Living

Get the Covid-19 Vaccine

If you are not eligible today, you will be shortly. Please sign up and get vaccinated as soon as you can! I have had my first one, you will be surprised at how much fun it actually is and alleviates some of the fear of Covid-19.



If you need guidance navigating the process for getting your vaccination, contact MWCIL.

Sincerely,

Paul Spooner, Executive Director

Signing Up

Visit [Mass.gov](https://www.mass.gov) for the latest and most complete information. You can sign up **online** for the following three types of locations.

Mass vaccination sites

- **Preregister** at [VaccineSignUp.mass.gov](https://vaccineSignUp.mass.gov) to be notified when it's your turn

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Location	Vaccine	Phone number
Gillette Stadium	Moderna	
Hynes Convention Center	Pfizer	(888) 623-3830
Reggie Lewis Center	Pfizer	
Eastfield Mall, Springfield	Pfizer	
DoubleTree Hotel, Danvers	Pfizer	(888) 702-9042
Former Circuit City, Dartmouth	Pfizer	
Natick Mall	Moderna	(888) 990-6066

General vaccination sites

- Use [VaxFinder.mass.gov](https://vaxfinder.mass.gov) to search for appointments
- Includes health care locations, pharmacies and grocery stores -
- Fewer appointments but availability updated daily. The state does not provide pre-registration at any of the smaller sites - you have to find a moment when they have available appointments.

Local Vaccination Sites

- Use [VaxFinder.mass.gov](https://vaxfinder.mass.gov) to search for appointments
- May be open only to residents of select and towns
- Check the listing to see if the site is restricted

Second Dose Appointment:

- If you are receiving the Pfizer or Moderna vaccines, you *must* receive both doses. **You should schedule your second-dose appointment on-site as you are leaving your first vaccination.**
 - Pfizer: Second shot recommended 21 days after first shot (can be up to 42 days)
 - Moderna: second shot recommended 28 days after the first shot (can be up to 42 days)
- You must get the same type of vaccine both times.
- The Johnson and Johnson vaccine is **one dose only**

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Healthcare Providers

You may also speak to your doctor. Some healthcare providers (Atrius Health for example) and some hospitals are offering it to their clients through their own network of vaccine sites and appointments. Many of these allow advance registration and notify you when an appointment becomes available.

Eligibility

Currently Eligible

- People age 75 and older
- People age 60-74
- People with 2+ [certain medical conditions](#)
- Low income and affordable senior housing residents & staff
- Health care workers
- Long term care settings residents & staff
- First responders
- Congregate care settings residents & staff
- Educators, Child Care Workers & School Staff
- [Workers in certain categories](#)

Eligible April 5

- People age 55 and older
- People with 1 [certain medical condition](#)

Eligible April 19 (everyone)

- People age 16 and older
-

Homebound MA Residents and In-home Vaccinations

Thank you to Boston Center for Independent Living for the following

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from MassHealth and the Executive Office of Health and Human Services (EOHHS)

For people who cannot leave their home for a vaccine appointment, even with assistance, the Commonwealth has developed a multi-pronged solution to ensure these individuals are able to get vaccinated in their home. **Below, find links to a detailed resource guide on the Massachusetts Homebound Vaccination Program.**

Eligibility

- Require ambulance or two-person assistance to leave the home, or
- Are not able to leave the home for medical appointments under normal circumstances, or
- Have considerable difficulty and/or require significant support to leave the home for medical appointments

How to Schedule a Vaccine

If you are homebound or you support someone who is homebound, contact the State Homebound Vaccination Central Intake Line (1-833-983-0485) to be screened for appropriateness for an in-home vaccine.

Please note, many local Boards of Health are managing their own homebound vaccination programs for their community. The Central Intake Line will help connect homebound individuals from across the Commonwealth with the right resource.

If in-home vaccination is appropriate, individuals will be registered with the State Homebound Vaccine Provider, Commonwealth Care Alliance, or referred to their local Board of Health.

[Massachusetts Homebound Vaccination Program \(Word\)](#)

[Massachusetts Homebound Vaccination Program \(PDF\)](#)

City and Town Website Listing

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Transportation

For those who have transportation issues, consider the following resources. Unfortunately, you will need to be persistent to figure it out. MWCIL can help you learn about your transportation options.

MassHealth Members and Health Safety Net Patients may be able to get approval for a ride to your scheduled vaccination. An [FAQ document](#) has information.

We also suggest you contact your [Council on Aging](#) to see if they know of local transportation options.

Vaccines offered in MA

Massachusetts offers all three approved vaccines: **Pfizer, Moderna, and Johnson and Johnson**. They are assigned to your site / appointment automatically, and you will not have a choice. **All three are considered safe and effective by the [Center for Disease Control](#).**

The [AARP](#) has outlined the differences. We cannot find information on whether one vaccine may be better for someone with specific underlying conditions than another. The trials for all three vaccines were on an acceptable number of people, but there are still unknowns.

Listed below are some additional resources which do get into the weeds.

- The Atlantic Magazine - [The Differences Between the Vaccines Matter](#)
- Business Insider - [How does Johnson & Johnson's COVID-19 vaccine stack up against shots from Pfizer and Moderna](#)

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The Center for Disease Control has issued [Interim Public Health Guidance for Fully Vaccinated People](#). One is considered fully vaccinated 2 weeks after the final shot.

Healthcare settings will continue to have more stringent requirements. Workplaces or other businesses may have their own set of requirements. The guidance below is the behavior that the CDC considers safe in most settings.

The CDC has not updated their travel guidance.

Fully vaccinated people can:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- Refrain from quarantine and testing following a known exposure if asymptomatic

Fully vaccinated people should continue to:

- Take precautions in public like wearing a well-fitted mask and physical distancing
- Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at [increased risk for severe COVID-19](#) disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
- Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households
- Avoid medium and large in-person gatherings
- Get tested if experiencing [COVID-19 symptoms](#)
- Follow guidance issued by individual employers
- Follow CDC and health department travel requirements and recommendations

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[REV UP Massachusetts](#) - Increasing the Disability Vote!



[MA Tales of Independence](#) - a collection of videos by people who are successfully living independently.



[Dignity Alliance of Massachusetts](#) is dedicated to secure fundamental changes in the provision of long-term services, support, and care.

About MetroWest Center for

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We provide an array of independent living services that enable people with disabilities to live in the community. The center was created by people with disabilities seeking full integration into society. We empower people with disabilities by teaching the practical skills and confidence to take control over their lives and become active members of the communities in which they live. We promote access and change within society while advocating for programs and services needed by people of all ages with a wide range of disabilities. MWCIL is a consumer-controlled, community-based, cross-disability, nonresidential private nonprofit agency.

We enable people with disabilities to gain freedom from nursing homes and other institutional settings.

If you have a disability, live within our area (26 towns in Metrowest section of Massachusetts) and have needs, goals, or barriers related to your living independently, then contact us at 508-875-7853.

MetroWest Center for Independent Living is a scent-free environment. Please keep this in mind when you plan a visit.

[View our Services](#)



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