Advisory: Hand Sanitizer

Free Testing: Stop the Spread

07/06: Currently in Phase 3  Phase 4 may begin as early as 07/27, but is unlikely to happen on that date as it requires a breakthrough on testing or treatment.

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- Emergency Announcements
- State-wide Info
- General School Info
- Food Pantries
- Grocery
- Other Contacts
- Stimulus Checks
- Other FAQs

Ashland  Marlborough  Sherborn

Bellingham  Maynard  Southborough

Dover  Medfield  Stow

Foxborough  Medway  Sudbury

Framingham  Millis  Wayland

Franklin  Natick  Wellesley

Holliston  Needham  Weston

Hopkinton  Norfolk  Wrentham

Hudson  Plainville

This is a working document. Resources for COVID-19 are changing daily. If any of the information presented is inaccurate or out-of-date, please contact me at sblea@mwcil.org in order to correct the mistake.
Frequently Asked Questions (FAQs)

1. **What If I Can’t Go Out to Use My SNAP Benefits?**
2. **What’s going on with my communications provider? (Cell phone, internet, cable…)**
3. **Am I Going to Be Evicted?**
   a. **For Renters**
   b. **For Home Owners**
   c. **Landlord Options**
4. **Where can I be tested?**
   a. **Interactive map**

Emergency Announcements

**Phased Reopening of Massachusetts**
Massachusetts will “reopen” in a four phase system. Each phase will last 3 weeks, but that time may be increased by the Governor at any point during the phase. It’s also possible that phases could be rolled back if things get worse.

1. **Phase One:** Limited industries resume operations with severe restrictions.
2. **Phase Two:** Additional industries resume operations with restrictions and capacity limitations.
3. **Phase Three:** Additional industries resume operations with guidance.
4. **Phase Four:** Development of vaccine and/or treatment enables resumption of “new normal”
   *Earliest possible 07/20/2020**
   **Note: This phase is contingent on reliable vaccine or treatment**

For more information on the specifics of each phase and what the new normal will look like, use the slide show here:

https://www.mass.gov/doc/reopening-massachusetts/download

**Gov. Baker has issued a State-wide mask order**
Members of the public will be required to wear masks in all public common areas, particularly those where social distancing will be difficult to follow. This includes essential businesses, who will also be responsible for ensuring compliance with the mask order. Face coverings that can qualify as masks include: masks, scarves, and bandanas.

Statewide Info

**Text Alerts**
Text COVIDMA to **888777** to receive text alert messages from the Commonwealth regarding COVID-19.
State Website Resource
Ashland, MA

(508) 881-0100
www.ashlandmass.com/765/Coronavirus-2020

Emailing List:
https://visitor.r20.constantcontact.com/manage/optin?v=001XOdkdBQ3sCaMFrUTHOEMhiEZgJ3_nM7Z&id=preview

Hotline: (508) 532-7900

**Code Red**
Ashland has opted to use a text-alert program named Code Red. Subscribing to Code Red will ensure that you get the latest town updates via text message to your phone.

You can subscribe for Code Red at the following site:

Town Hall is OPEN by Appointment Only


**Council on Aging**

(508) 881-0140 or (508) 532-7944

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The Ashland Senior Center is closed to the public and running on limited services.

They are still taking calls remotely. Their SHINE counselor is not available but they are attempting to handle those calls with other staff at the center. They have also been in contact with seniors in the community and connecting them with the Food Pantry, which is also arranging curbside pickup for seniors who can’t make it out into the community. This service can be arranged by contacting one of two ways: humanservices@ashlandmass.com or (508) 532-7942

**Other**
Ashland is running a Restaurant & Resident Relief program. Volunteers will pick up food from participating restaurants which will be brought back to Ashland’s community center where families in need will be able to come and pick up the prepared food.

In order to limit contact, families picking up the food will be picking up their food “drive-in” style. Families are asked to call in ahead of time at (508) 532-7946.

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Ashland Bellingham Dover Foxborough Framingham Franklin Holliston Hopkinton Hudson Marlborough Maynard Medfield Medway Millis Natick Needham Norfolk Plainville Sherborn Southborough Stow Sudbury Wayland Wellesley Weston Wrentham
Pickup times: Mondays, 11AM-12PM and Wednesdays from 1PM-2PM

Neighbor Brigade
The Ashland Neighbor Brigade is available to help Ashland residents who are more vulnerable in order to pick-up and deliver groceries, meds, and other essential services.

Contact: (508) 271-7885 or email: AshlandMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/93e2e1fe-2bc9-4a84-80d1-e6da7023ada3/1

Ashland Food Pantry
The Ashland Food Pantry is currently operating on Mondays from 11AM-12PM and Wednesdays from 1PM-2PM. This pantry is open to residents only.

Contact: (508) 532-7942 Address: 162 W. Union St., Lower Level
Email: humanservices@ashlandmass.com

Bellingham, MA
(508) 966-5827
https://www.bellinghamma.org/

Emailing List:
https://www.bellinghamma.org/subscribe

Town buildings are closed indefinitely.

Website updated as of 7/8/2020.

Code Red
Bellingham has opted to use a text-alert program named Code Red. Subscribing to Code Red will ensure that you get the latest town updates via text message to your phone.

You can subscribe for Code Red at the following site:

For more information, check here: https://youtu.be/2Mf7vkFOU14

Council on Aging
(508) 966-0398

| Transportation | ✓ | SHINE | ✓ | Outreach | ✓ | Med Pick-Up | ? | Food Delivery | ? |

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The Bellingham Senior Center is closed to the public. However, they are providing essential transportation (medical, employment, grocery/pharmacy) during this closure. They will also continue to offer SHINE services through phone appointment. Finally, they may still be contacted for general outreach purposes.

**Other**

**Loaves & Fishes Pantry**
The local food pantry for Bellingham is run by the Saint Blaise church. It operates on Wednesdays from 11AM-1PM. This pantry is open to residents only.

Contact: sdurkin@saintblaise.org  
Address: 1158 South Main St.

**Daily Updates**
The town of Bellingham is doing daily livestreams at 10AM (Mon-Fri) in order to notify the public of the current situation and any changes that might have taken place.

These updates will be televised on ABMI Comcast Cable 8, Verizon Cable 47 or watch via LIVE STREAM on the ABMI Website: [http://abmi8.org/](http://abmi8.org/)

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**Dover, MA**

(508) 785-0032  

**Emailing List**
[https://ma-dover.civicplus.com/list.aspx](https://ma-dover.civicplus.com/list.aspx)

**Town Hall is OPEN by Appointment Only**

**Website updated as of 7/2/2020.**

**Council on Aging**

(508) 315-5734

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The Dover Senior Center is closed until further notice. However, its staff are available by phone, and email to provide basic services and remote support.

As of 03/20/2020, the CoA was still offering transportation for medical appointments, grocery, and pharmacy. However, they’re actively reaching out and advising seniors to stay at home when possible;
Dover is also working with volunteers in order to help set up systems that can help seniors stay at home while still receiving services for things like shopping and medicine that they will need.

**Other**

Dover has a COVID-19 Response Taskforce, the Director of the Council on Aging, Janet Claypoole is on the taskforce.

The Dover library has a limited opening

## Foxborough, MA

(508) 543-1200


Emailing List:


Town Hall is open

➢ Masks are required for entering any building

Website updated as of 7/2/2020.

### Council on Aging

(508) 543-1234

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The Foxborough Council on Aging is running limited programming during the COVID-19 state emergency. More specific information pending a returned phone call from the Director.

**Transportation** is not currently being provided, but seniors are encouraged to reach out to GATRA’s subcontractor for Foxborough, Kiessling Transportation (800) 698-7676.

The Council on Aging is also arranging **med pick-up and drop-off** on a case-by-case basis and the local CVS has offered to deliver prescriptions for Foxborough’s seniors for free.

Additionally, they are coordinating with the local **food pantry** to help provide seniors with food who are otherwise unable to leave their home. The pantry can be reached at (508) 543-5235 and are open: Tue & Thu 9AM-11AM.
Other

School Meals Program
Foxborough Public Schools are not currently offering a meal pickup program. Instead, they are coordinating with their local food pantry in order to offer items weekly to families in need in order to help cover the breakfast and lunch mealtimes.

Framingham, MA
(508) 532-5411
www.framinghamma.gov/2875/CORONAVIRUS-COVID-19

Emailing List
https://www.framinghamma.gov/list.aspx
Framingham Town Hall is now open
➢ Masks are still required when indoors
➢ If you have symptoms or are sick please do not go

Website updated as of 7/6/2020.

Framingham Info Hotline
(508) 532-5411
* The emergency number has been discontinued.

News
This information may change to reflect current news which means previous contents may be removed for newer ones.

Community Hour to answer questions about Framingham Businesses Amid the Pandemic
https://www.youtube.com/watch?v=Bz4tMeZJETQ&feature=youtu.be

Council on Aging
(508) 532-5980

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The Callahan Center is closed until at least 03/29/2020. However, its staff are available by phone and email (council.on.aging@framinghamma.gov) to provide basic services and remote support. Transportation services are confirmed to be not active. However, Framingham is served by the MWRTA’s the Ride and fixed route services which are still functioning.

The Callahan Center has **frozen foods** available specifically for seniors, but seniors should call in advance before picking it up.

**Other**

**School Meals Program**
Breakfast and Lunch will be available for pick-up from the following schools:

- Cameron Middle School, 215 Elm St.
- Barbieri Jr Elementary, 100 Dudley Rd.
- Fuller Middle School, 31 Flagg Dr.
- Woodrow Wilson Elementary, 169 Leland St.

**Framingham Community Outreach**
FraminghamOutreach@gmail.com
https://www.facebook.com/groups/253780618965941/
www.FraminghamOutreach.org

Framingham Coronavirus Community Outreach Group has been started to help those who are looking and able to help. They provide emergency support, emotional support, links to resources, and maintain and up-to-date source of information. One example of a way they can help is by helping to shop for those who can’t get out.

**Food Outreach**
Framingham has established a **hotline for food emergencies**. The outreach provides for those who have trouble accessing food, or for those who have no one to get food for them. The number for the hotline is (508) 532-5479

**Medication Outreach**
The MetroWest Pharmacy at 214 Union Ave. in Framingham is providing **free deliveries of prescriptions**.

**Framingham Food Pantries**

*Pearl Street Cupboard & Café at Park*

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The United Way runs the Pearl Street Cupboard & Café in Framingham. They are open Monday, Wednesday, and Friday from 9AM-1PM. They are also open on Wednesday evening from 5PM-7PM. This is a regional food pantry.

Contact: (508) 561-5811 Address: 46 Park St.

Saint Bridget Parish

Salvation Army
The Salvation Army chapter in Framingham operates a local food pantry that is available by appointment.

Contact: (508) 875-3341 Address: 350 Union Ave.

MWRTA “4 Grocery” Shuttle Run
Announced on 4/22/2020, the MWRTA is running a temporary 4 Grocery shuttle that will run hourly between 7AM and 5PM. The shuttle will take shoppers from the Framingham hub to:

- Market Basket in Ashland
- Roche Bros. in Natick
- Wegman’s at Natick Mall

Riders are asked to wear face masks and to sit with social distancing guidelines in mind. Further, the MWRTA is not collecting bus fare at this time in order to minimize contact between the public and their bus drivers.

Financial Assistance/Emergency Income Payment Program
The city of Framingham has announced a financial relief program which will help provide assistance with rent, mortgage, and/or utility payments for a period of two months to alleviate the burden on households which have seen a loss of employment and their primary income as of 3/10/2020.

The application for this program may be found here:
https://www.framinghamma.gov/DocumentCenter/View/37558/CDBG-Rental-Assistance--Application

Franklin, MA
(508) 528-7900

Emailing List:
https://www.franklinma.gov/subscribe

Limited opening through municipal building drive-through:
Treasurer and Town Clerk Services
NO Cash
Regular business hours: (Mon-Wed: 9:00AM to 8:00PM)

Website updated as of 7/1/2020.

News
This information may change to reflect current news which means previous contents may be removed for newer ones.

Town Department Re-Entry

Council on Aging
(508) 520-4945

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The Franklin Senior Center is closed to the public, but remains open by phone, (508) 520-4945, for services that can be performed over the phone such as social services, health & wellness consultation, reassurance calls, SHINE, and the Veteran’s Services officer remains available at (508) 613-1315. Transportation services are likely not active, Holliston is served by the GATRA’s the Ride service which is still functioning.

The Franklin Senior Center puts out a monthly newsletter, you can also join their emailing list which is linked above under the town info:


Other

Neighbor Brigade
The Franklin Neighbor Brigade is available to help Franklin residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: (855) 241-4357 or email: Franklinma@neighborbrigade.org
https://app.betterimpact.com/PublicOrganization/d344e590-7541-488a-8594-34b5f451db96/1

Franklin Food Pantry
The Franklin food pantry operates Tuesday and Friday from 9:30AM-12:30PM and from 1:30PM-4PM . This pantry is open to residents only.

Contact: (508) 528-3115 Address: 43 West Central St.
Holliston, MA

(508) 429-0601

Town buildings are closed indefinitely

➢ Some parks are open
➢ Town recycling is open

Website updated as of 7/7/2020.

Council on Aging

(508) 429-0622

Transportation ✓ SHINE ✓ Outreach ✓ Med Pick-Up ✓ Food Delivery ✓

The Holliston Senior Center is closed until further notice. However, its staff are available by phone and email to provide basic services and remote support. Transportation services are available on a limited basis for urgent needs like medical appointments, grocery shopping, or pharmacy trips.

Other

Holliston Pantry Shelf
The Holliston Pantry Shelf has changed their method of operation due to COVID-19. However, instead of doing drive-by pick-up, Holliston is doing food pantry delivery. Those eligible for food pantry services should contact the pantry Monday through Friday from 10AM-1PM or email them at info@hollistonpantryshelf.org. This pantry is open to residents only.

Contact: (508) 429-5392 Address: 73 Charles St. *Note: This food pantry is closed to the public

Hopkinton, MA

(508) 497-9700

https://coronavirus-hopkintonma.hub.arcgis.com/

Town buildings are closed indefinitely

➢ Some parks are open
➢ Drop-off box at the Town Hall

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News
This information may change to reflect current news which means previous contents may be removed for newer ones.

Four Phase Approach to Reopening Massachusetts (Hopkinton Plan)

Council on Aging
(508) 497-9730

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The Hopkinton Senior Center is closed until further notice. However, its staff are available by phone and email to provide basic services and remote support. Transportation services are likely not active, Hopkinton is served by the MWRTA’s the Ride service which is still functioning.

Other

School Meal Programs
Hopkinton School Meals are being provided through Project Just Because. Various prepared lunches consisting of subs and sandwiches are provided to the pantry specifically for kids who would be students of Hopkinton schools. There was no specific mention of a confirmation process. However, the program is still geared to those most in need.

Project Just Because

The local food resource center for Hopkinton is working with the Hopkinton school system and continuing to serve families in need. Their contact information is: (508) 435-6511 or they can be visited online at https://projectjustbecause.org/.

Consumers can inform them of what they need at the front entrance and then pick up their supplies from a side entrance.

Hopkinton Food Pantry - Project Just Because
The Hopkinton Food Pantry is called Project Just Because and it is open every other week from Monday through Thursday from 9:30AM-3:30PM. This pantry is open to residents only. For delivery options you can call or email at pjboffice@comcast.net.

Contact: (508) 435-6511 Address: 109 South St.
Hudson, MA

(978) 568-9615

* updates are more likely to be found on the home page: https://www.townofhudson.org/

Emailing List
https://www.townofhudson.org/subscribe

Town hall will be open by APPOINTMENT only on 07/20/2020

➢ Drop-off location for town business.


Council on Aging

(978) 568-9638

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Janice Long  Director

Other

School Meals Program
Hudson Public Schools are running a bus-delivery based meal service in addition to the standard pick-up operation that most schools seem to be doing. Pick-up is at Quinn Middle School located at 201 Manning St, from 7AM to 9AM on Tuesdays, Wednesdays, and Fridays.

The bus delivery will stop at three locations:

- Robinson’s Hardware Store  7:10AM – 7:30AM  located at 31 Washington Street
- Cherry Street Field  7:50AM – 8:10AM  located at 61 Cherry Street
- United Methodist Church  8:30AM – 8:50AM  located at 34 Felton Street

Additionally, the schools are partnering with the First United Methodist Church and the Hudson Community Food Pantry to help supplement breakfast and lunch for needy families with food options for other meals.

Hudson Food Pantry
The Hudson Food Pantry has dropped their Tuesday hours during the COVID-19 emergency. However, they are continuing to be open on Saturday from 9AM-10:00AM. They also have the first Thursday of

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Marlborough, MA

(508) 460-3770
https://www.marlborough-ma.gov/

Emailing List:
https://marlboroughportal.bbcportal.com/

Town Hall open by APPOINTMENT only

➢ Town has drop-off boxes for use by the public.

Website updated as of 7/6/2020.

Community Hotline: (508) 251-5622

Council on Aging

(508) 485-6492

Transportation ✗ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

The Marlborough Senior Center is closed until further notice. However, its staff are available by phone, (508) 485-6492, and email to provide basic services and remote support.

As of 03/23/2020 they continued to provide transportation for grocery and medication delivery by request. Call (508) 485-6492 to arrange any transportation.

Other

School Meals Program
Marlborough is offering two options for breakfast and lunch meals for those under the age of 18 during the closure of its schools. Meals will be available via community drop-off and pick-up, with different procedures for both. Meals will not be offered on weekends or during regularly scheduled school holidays.

Drop-Off

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Buses will leave the schools with meals at 8:30AM and 11:45AM to visit the scheduled stops and deliver meals.

**Pick-Up**
For families who cannot or are uncomfortable with community drop-offs, they can arrange to pick up meals at the Kane Elementary School located at 520 Farm Road, Marlborough, MA 01752. If this is the case, those families are asked to call, (508) 460-3507 to notify their pickup.

The hours for pick-up will be between 8:30AM and 1PM.

**Additional Information:**
Library CLOSED until further notice.
Youth and Adult Recreational Activities are postponed until further notice.
Public Service Internship Program is postponed till further notice.
Marlborough Community Cupboard is open and operating under regular hours.

**Marlborough Food Pantry - Marlborough Community Cupboard**
The Marlborough Food Pantry is known as the Marlborough Community Cupboard or MCC. This pantry is an extension of the pantries run by the United Way but is specific to those who live in and around Marlborough. Pantry hours are Monday 9AM-1PM, Wednesday 9AM-1PM & 5PM-7PM, and Friday 9AM-1PM.

**Contact:** (881) 811-3291 x4902  
**Address:** 255 Main St.

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**Maynard, MA**

(978) 897-1300  

**Emailing List:**
[https://townofmaynard-ma.us5.list-manage.com/subscribe?u=42fa4a2cabbdd51eb71c9d37d&id=994b8ebaee](https://townofmaynard-ma.us5.list-manage.com/subscribe?u=42fa4a2cabbdd51eb71c9d37d&id=994b8ebaee)

**Town Hall is OPEN by Appointment Only**

- Public library has curbside pickup
- Council on Aging Van still offering rides for emergency purposes

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Return to [Index](#)
The Maynard Senior Center is closed until further notice. However, its staff are available by phone, (978) 897-1009, and email to provide basic services and remote support. Transportation services available for necessary reasons such as medical appointments, grocery shopping, and pharmacies. Contact CrossTown Connect at (978) 844-6809

Other

Neighbor Brigade
The Maynard Neighbor Brigade is available to help Maynard residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: MaynardMA@neighborbrigade.org
https://app.betterimpact.com/PublicOrganization/a64026c4-0881-40c8-bbc5-2afa81378b2e/1

Maynard Food Pantries

Maynard Food Pantry
The Maynard Food Pantry is running a modified schedule on Monday from 9:30AM-12:30PM, families with children will also receive an additional backpack from the school’s backpack food program. They will be closed on Monday, 04/13/2020, and they hope to open again by 04/20/2020 but that date is not yet set in stone. This pantry is open to residents only.

Contact: (978) 764-5279 Address: 82 Main St.

Open Table
The Open Table Food Pantry provides fresh produce among its other food pantry staples. It’s open Tuesday and Thursday from 3PM-6:30PM, and has special hours from 12:45PM for Seniors (55+) only. The pantry is open to residents of Maynard and those who work in Maynard only.

Medfield, MA

(508) 359-8505
www.town.medfield.net/1860/Coronavirus-Info-COVID-19

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Emailing List:
https://www.town.medfield.net/List.aspx

Town buildings are closed indefinitely.

Website updated as of 7/6/2020.

**Council on Aging**

(508) 359-3665

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The Medfield Council on Aging has nothing listed about services during the COVID-19 emergency.

**Other**

**Medfield Food Pantry - Medfield Food Cupboard**

The Medfield Food Pantry, also known as the Medfield Food Cupboard, remains open on Thursday from 5:30PM-6:30PM. *This pantry is open to residents only.* A resident can contact them by email at info@medfieldfoodcupboard.com.

Contact: (508) 359-4958       Address: 496 Main St.

**Medway, MA**

(508) 533-3200


Town Hall is OPEN by Appointment Only

Website updated as of 7/6/2020.

**Council on Aging**

(508) 533-3210

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The Medway Council on Aging has nothing listed about services during the COVID-19 emergency.

**Others**

**Neighborhood Brigade**

The Medway Neighbor Brigade is available to help Medway residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

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Medway Food Pantry - Medway Village Church Food Pantry
The Medway Food Pantry, also known as the Medway Village Church Food Pantry is operating hours on Saturday from 9AM-10PM.
Contact: (508) 533-6401 Address: 170 Village St.

Millis, MA
(508) 376-7040

* updates are more likely to be found on the home page: https://www.millisma.gov/

Emailing List:
https://www.millisma.gov/subscribe

Town buildings are closed indefinitely

➢ Town business can be conducted online
➢ A drop-off box is available for residents if needed at the town hall

Website updated as of 7/6/2020.

Council on Aging
(508) 376-7051

Transportation ✗ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

The Millis Council on Aging has nothing listed about services during the COVID-19 emergency.

Other

Millis Food Pantry
The Millis Food Pantry is open on the 1st and 3rd Wednesday of each month from 10AM-12PM and every Saturday from 10AM-12PM. This pantry is open to residents only.
Contact: mefpantry@gmail.com Address: 142 Exchange St.
Natick, MA

(508) 647-6400
www.natickma.gov/1702/Coronavirus-COVID-19-Updates

Emailing List:
https://www.natickma.gov/list.aspx

Town buildings are closed indefinitely

➢ Town business can be conducted online
➢ A drop-off box is available for residents if needed at the town hall (located front of building)

Website updated as of 7/6/2020.

Hotline: (508) 647-6540

Council on Aging

(508) 647-6544

| Transportation | ☒ | SHINE | ☑ | Outreach | ☑ | Med Pick-Up | ? | Food Delivery | ? |

I spoke with Susan Ramsay, the Director of the Natick Council on Aging. While the Natick offices are closed to the public until further notice, all town employees are still reporting to work for the most part.

Natick’s CoA has cancelled all events and other recreational activity until further notice. Additionally, they are not providing any transportation services either as their employee and volunteer pool is made up of at-risk populations. Ramsay also mentioned that they hadn’t really run into any hiccups there as most healthcare providers are either cancelling appointments or arranging over-the-phone appointments where possible.

Other

Neighborhood Brigade
The Natick Neighbor Brigade is available to help Natick residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NatickMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/baf11321-23fd-482b-982e-36a2ebcc10f7/1

Natick Food Pantries

Natick Service Council

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The Natick Service Council food pantry is an appointment-only pantry. *This pantry is open to residents only.* The Natick Service Council will call 24 hours before your appointment to confirm. During the appointment, consumers have around 15 minutes to get what they need.*

* *This may have changed due to the COVID-19 emergency. Reaching out to confirm.*

**Contact:** (508) 655-1791 **Address:** 2 Webster St.

*A Place to Turn*

A Place to turn is a regional food pantry that serves residents in a number of towns in MWCIL’s service area. They are currently open Tuesday and Thursday from 9:30AM-12:30PM only. A Place to Turn requires a referral for their services.

**Contact:** (508) 655-8868 **Address:** 99 Hartford St.

**Needham, MA**

(781) 455-7500  
[www.needhamma.gov/85/Public-Health](http://www.needhamma.gov/85/Public-Health)  

[https://stories.opengov.com/needhamma/published/lP3WUJtv](https://stories.opengov.com/needhamma/published/lP3WUJtv)

**Emailing List:**

[https://www.needhamma.gov/list.aspx](https://www.needhamma.gov/list.aspx)

Limited reopening of ALL town buildings.

➢ EXCEPT *Center at the Heights* and *Needham Free Public Library.*

➢ Open by APPOINTMENT only.

**Website updated as of 7/2/2020.**

**Council on Aging**

(781) 855-3629  

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<tbody>
<tr>
<td>✗</td>
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</tbody>
</table>

The Needham Council on Aging is closed to the public but maintains outreach services at this time. **Transportation** services have been canceled, those in need can call the Ride from the MBTA: (844) 427-7433.

Return to [Index](#)
Currently, Needham’s CoA is providing outreach through ZOOM, offering activities and classes over the service.

The town of Needham provides an emailing list for its residents. Interested Elders should consider joining the CoA emailing list.

https://www.needhamma.gov/list.aspx

Other

Neighborhood Brigade
The Needham Neighbor Brigade is available to help Needham residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NeedhamMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/6fdd72e5-3463-47a7-a7f0-a1559bf07747/1

Needham Food Pantry - Needham Community Council
The Needham Food Pantry, also known as the Needham Community Council, is open for consumers on a modified schedule by appointment only through 04/16/2020. Their regular hours are Monday from 10:30AM-4PM, Wednesday from 10:30AM-7PM, and Saturday 10AM-2PM. This pantry is open to residents only.

Contact: (781) 444-2415 Ext: 1050        Address: 570 Hillside Ave.

Norfolk, MA

(508) 528-1408
https://www.norfolk.ma.us/

*updates are more likely to be found on the home page: https://norfolk.ma.us/

Town Hall is OPEN by Appointment Only

The Norfolk Public Library is doing contactless book pick-up.

Website updated as of 7/2/2020.

Council on Aging

(508) 528-4430

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The Norfolk Council on Aging is still providing what services they can remotely. They’re working with the local food pantry to provide food for seniors at (508) 528-5862 x4. HESCO continues to provide meals on wheels services for meal delivery to seniors at (781) 784-4944. Further, Norfolk seniors are able to arrange medication pick-up and delivery through the CoA. For transportation, seniors can reach out to the MWRTA’s Dial-a-Ride: (508) 820-4650.

Other

Norfolk Food Pantry - Emmanuel Baptist Church Food Pantry
The Norfolk Food Pantry, also known as the Norfolk Food Pantry at Emmanuel Baptist Church, is serving consumers on Saturday from 9:30AM-11:30AM. This pantry is open to residents only.

Contact: (508) 528-5862 Address: 63 Rockwood Rd.

Plainville, MA

(508) 695-3010
www.plainville.ma.us/home/urgent-alerts/coronavirus-covid-19-updates

Emailing List:
http://www.plainville.ma.us/subscribe

Town buildings are closed indefinitely

➢ Town business can be conducted online
➢ A drop-off box is available for residents if needed at the town hall (located side of building)

Website updated as of 7/3/2020.

Council on Aging

(508) 699-7384

Transportation  ❌  SHINE  ✓  Outreach  ✓  Med Pick-Up  ?  Food Delivery  ?

Reached out to the Plainville Council on Aging for feedback on services provided.

Other

Plainville Food Pantry - Living Bread Food Pantry
The Plainville Food Pantry, also known as the Living Bread Food Pantry, is open Wednesday from 6:15PM-7PM. This pantry is open to residents only.

Contact: (508) 695-9587       Address: 16 East Bacon St.

Sherborn, MA

(508) 651-7858
https://www.sherbornma.org/covid-19

Emailing List:
https://www.sherbornma.org/subscribe

Town buildings are closed indefinitely
- Town business can be conducted online
- A drop-off box is available for residents if needed at the town hall (front of town hall)
- Accommodations can be made for individuals to visit in person

Website updated as of 7/2/2020.

Council on Aging

(508) 651-7858

Transportation  ✗  SHINE  ✓  Outreach  ✓  Med Pick-Up  ✓  Food Delivery  ✓

The Sherborn Council on Aging is providing assistance with grocery shopping and other urgent errands, as well as being available for outreach by phone including SHINE. Transportation isn’t running, but they also haven’t received requests for transportation so that may change as needed.

Southborough, MA

(508) 485-0710
www.southboroughtown.com/home/urgent-alerts/all-town-offices-closed-public

Emailing List:
https://www.southboroughtown.com/subscribe

Town Hall building is open by appointment only
- Green drop box is available.
Council on Aging

(508) 229-4453


The information regarding Southborough CoA’s services during their closure for the COVID-19 emergency isn’t readily available. Contact will have to be made.

Other

School Meals Program
Southborough is offering a delivery meals service for students. Drop-off of meals is made in a no-contact style between 11:30AM and 1PM. In order to access the program, you need to use this Google Docs form.

Neighborhood Brigade
The Northborough-Southborough Neighbor Brigade is available to help Northborough-Southborough residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NorthboroughSouthboroughMA@neighborbrigade.org
https://app.betterimpact.com/PublicOrganization/de71cb4a-7446-4983-8bbe-45d4b5962e92/1

Southborough Food Pantry
The Southborough Food Pantry is open to consumers on Thursday from 6:30PM-7PM and Friday from 9:30AM-10:15AM. This pantry is open to residents only. The pantry asks that residents place their order by 4PM on Wednesday. The order should be placed at southboroughfoodpantry@gmail.com. However, residents can call if they can’t email.

Contact: (508) 485-4847 (wait for Pantry Prompt)    Address: 15 Common St.

Stow, MA

(978) 897-4514

Emailing List:
https://www.stow-ma.gov/subscribe

Town Hall is OPEN by Appointment Only

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Council on Aging
(978) 897-1880

Transportation ✓ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ✓

Stow’s Council on Aging is closed to the public until further notice. They are providing transportation for essential trips such as medical, pharmacy, and grocery. They continue to provide outreach over the phone. The Stow CoA food program is closed to the public, but the food is available through contact free arrangements.

Other

Neighbor Brigade
The Stow Neighbor Brigade is available to help Stow residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: StowMA@neighborbrigade.org
https://app.betterimpact.com/PublicOrganization/f39f8ca0-8ff6-4dbb-a904-a2e0100415e2/1

Stow Food Pantry
The Stow Food Pantry is open to residents by appointment. In addition to calling, residents can email for an appointment at stowfoodp@gmail.com. This pantry is open to Stow and Maynard residents only.

Contact: (978) 897-4230 Address: 509 Great Rd.

Sudbury, MA
(978) 443-8891
https://sudbury.ma.us/health/2020/03/21/coronavirus/
https://sudbury.ma.us/selectmen/?p=2115

Emailing List:
https://visitor.r20.constantcontact.com/manage/optin?v=001i6pY1oARoQ1eN_zYNIG6NNvU99J70D_D

Town buildings are closed indefinitely
➢ Town business can be conducted online

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A drop-off box is available for residents if needed at the town hall (front of town hall)

Website updated as of 7/7/2020.

**Council on Aging**

(978) 443-3055

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Sudbury’s Council on Aging is closed to the public until further notice. They are not providing transportation services. They are providing grocery pickup for seniors in critical need on a case-by-case basis. They are also offering Friendly Visitor services over the phone as well as a new program, Phone Buddies, in order to continue to provide social contact.

The CoA of Sudbury has issued the following newsletter for July:

https://container.parishesonline.com/bulletins/06/5177/20200701N.pdf

Sudbury’s CoA maintains an emailing list, you can sign up for it here:

https://visitor.r20.constantcontact.com/manage/optin?v=001i6pY1oARoQleN_zYNIG6NNvU99J70D_D

**Other**

**School Meals Program**

School meals will be provided on Monday for breakfast Monday through Wednesday and on Wednesday for Thursday and Friday. Meals are available to all students, but they will still be priced as usual, which means free and reduced lunch students shouldn’t pay anything, or whatever their reduced rate is.

In order to participate, the following form needs to be filled out for each student:

https://docs.google.com/forms/d/e/1FAIpQLSeFsQ1PaD-YRj1LTO5I7yUSgjcHX2GFR62-ebfiq114kQ_YLw/viewform

**Neighbor Brigade**

The Sudbury Neighbor Brigade is available to help Sudbury residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: SudburyMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/da6bbf5-a475-4864-83b0-6e8f9e23ad1f/1

**Sudbury Food Pantry**

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The Sudbury Food Pantry is open on Tuesday and Thursday from 11:30AM-2:15PM. They will be closed on 04/07/2020 and 04/09/2020 but will resume regular hours the following week. This pantry is open to anyone in the area.

**Wayland, MA**

(508) 358-7701  
[https://www.wayland.ma.us/procurement-office/covid-19](https://www.wayland.ma.us/procurement-office/covid-19)

**Emailing List:**  
[https://www.wayland.ma.us/subscribe](https://www.wayland.ma.us/subscribe)

**Town buildings are closed indefinitely**

➢ Town business can be conducted online  
➢ A drop-off box is available for residents if needed at the town hall (front of building)

Website updated as of 7/8/2020.

**Council on Aging**

(508) 358-2990

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<thead>
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<th>Food Delivery</th>
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</table>

Wayland’s Council on Aging is closed to the public until further notice. There is presently no information on what services they are providing in the meantime.

**Other**

**School Meals Program**

**Neighbor Brigade**  
The Wayland Neighbor Brigade is available to help Wayland residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

**Contact:** [WaylandMA@neighborbrigade.org](mailto:WaylandMA@neighborbrigade.org)

[https://app.betterimpact.com/PublicOrganization/ee4a1f7b-30d2-451b-b2b1-772b343e6b91/1](https://app.betterimpact.com/PublicOrganization/ee4a1f7b-30d2-451b-b2b1-772b343e6b91/1)

**Wayland Food Pantry - Celebration International Church Food Pantry**

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The Wayland Food Pantry, also known as the Celebration International Church Food Pantry, is open on the 2\textsuperscript{nd} and 4\textsuperscript{th} Wednesday of the month from 7PM-8:30PM and Sunday by appointment. \textit{This pantry is open to residents only.}

\textbf{Contact: (508) 653-6864} \quad \textbf{Address: 6 Loker St.}

\section*{Wellesley, MA}

\textit{(781) 431-1019}  
\url{https://coronavirus-wellesleyma.hub.arcgis.com/}

\textbf{Emailing List}  
\url{https://wellesleyma.gov/list.aspx}

\textit{Town buildings are closed indefinitely}

- Town business can be conducted online
- A drop-off box is available for residents if needed at the town hall (Washington St entrance)

\textit{Website updated as of 7/8/2020.}

\section*{News}

\textit{This information may change to reflect current news which means previous contents may be removed for newer ones.}

\section*{Grants for Masks and Meals}


\section*{Council on Aging}

\textit{(781) 235-3961}

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</table>

Wellesley’s Council on Aging is closed to the public until further notice. Currently they are still providing transportation for essential trips such as picking up grocery or medications and for medical appointments.

Wellesley has some programs it’s running in July and August:

\url{https://www.wellesleyma.gov/DocumentCenter/View/20618/Newsletter-July-August-2020}

The CoA in Wellesley maintains an emailing list which you can join here:
School Meals Program
The primary contacts for the school meals program during closure are Matt Delaney and Sue, both can be reached at (781) 446-6250, x5708 for Matt and x5707 for Sue.

The lunch form must be filled out ahead of time for each student:

https://docs.google.com/forms/d/e/1FAIpQLSdNXdK9EJ-PCRZcB-qWPJMXFWDcEu5v_R37A-xrClNfpm3w/viewform

If you believe your family will qualify for the National School Lunch Program as a result of a change in circumstances, you can apply here:

https://wellesleyps.org/students-families/food-services/

Wellesley Food Pantry
The Wellesley Food Pantry is open Tuesday from 9AM-11AM. Every second Tuesday of the month they are also open 6PM-7PM. This pantry is open to residents only.

Contact: (781) 235-1188 Address: 207 Washington St.
Weston’s Council on Aging is closed to the public until further notice. They continue to provide outreach by phone. Further, they’re working with the Emergency Reserve Corps to help residents with grocery and pharmacy as needed. They are also providing taxi vouchers and, for essential medical appointments, CoA transportation for consumers.

Other

School Meals Program
Weston schools are partnering with neighboring organizations to ensure that the nutritional needs of its students, particularly those in the free and reduced lunch program, the following form can be filled out to set up delivery of necessary items:

https://docs.google.com/forms/d/e/1FAIpQLSeQwoZRRzGgTqIHf1XM1kVGPXJ27J0ilGaYVrrVwQeOMmLww/viewform

Wrentham, MA

(508) 384-5400

Emailing List:
https://wrenthamcovid19.com/

The Town Hall is OPEN to the public
➢ All visitors must wear face masks


Council on Aging

(508) 384-5425

Transportation 问  SHINE 问  Outreach 问  Med Pick-Up 问  Food Delivery 问

Wrentham’s Council on Aging is closed to the public until further notice. There is presently no information on what services they are providing in the meantime.

Wrentham Food Pantry
The Wrentham Food Pantry is open every Saturday from 10AM-12PM. This pantry is open to residents only. Email contact is available at food.wrentham@gmail.com.

Contact: (508) 384-3110  Address: 1 East St. & 22 Dedham St.
Food Pantries

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<th>Organization</th>
<th>Location</th>
<th>Hours</th>
<th>Contact</th>
<th>Address</th>
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<tbody>
<tr>
<td>A Place to Turn</td>
<td>Natick</td>
<td>Mon,Tue, Thu: 9:30AM-12:30PM, Wed: 11AM-12:30PM &amp; 5PM-7PM</td>
<td>(508) 655-8868</td>
<td>Region</td>
</tr>
<tr>
<td>Pearl St. Café</td>
<td>Framingham</td>
<td>Mon, Wed, Fri: 9AM-1PM Wed: 5PM-7PM.</td>
<td>(508) 561-5811</td>
<td>46 Park St. Framingham, MA</td>
</tr>
<tr>
<td>Mahan Circle</td>
<td>Medway</td>
<td>Tue, Thu: 9:00AM-11:00AM</td>
<td>(508) 533-2434</td>
<td>600 Mahan Cir. Medway, MA 02053</td>
</tr>
<tr>
<td>St. Bridget’s</td>
<td>Framingham</td>
<td>Mon, Wed, Fri: 11:30AM-12:30PM</td>
<td>(508) 875-5959</td>
<td>15 Wheeler Ave. Framingham, MA 01702</td>
</tr>
</tbody>
</table>

* Denotes special or changed hours of operation

Grocery

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<th>Store</th>
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<tbody>
<tr>
<td>Market Basket</td>
<td>60+</td>
<td>5:30AM-7AM Tue, Wed, Thu</td>
</tr>
<tr>
<td>Roche Bros</td>
<td>60+ &amp; disabled</td>
<td>7AM-8AM daily</td>
</tr>
<tr>
<td>Shaws/Star Market</td>
<td>60+ &amp; other vulnerable</td>
<td>7AM-9AM Tue &amp; Thu</td>
</tr>
<tr>
<td>Price Chopper</td>
<td>Seniors*</td>
<td>6AM-7AM daily</td>
</tr>
<tr>
<td>Stop &amp; Shop</td>
<td>60+</td>
<td>6AM-7:30AM</td>
</tr>
<tr>
<td>Target</td>
<td>60+ &amp; other vulnerable</td>
<td>First hour of business Closing early at 9PM daily</td>
</tr>
</tbody>
</table>

Other Contacts

Neighbor Brigade
www.neighborbrigade.org/

Atlantic Dental
(508) 270-5050 Providing emergency dental services to those in the MetroWest area that need them.

Voices Against Violence
In addition to their hotline, Voices Against Violence has set up a chat at rc.chat/voices for consumers who are worried about leaving regular voicemails on their phone.

The Latino Health Insurance Program
The Latino Health Insurance Program will offer help with things like health insurance enrollment and food benefits in Spanish and Portuguese languages. Anyone who needs help should call 508 875-1237 between 9am and 5pm M-f, or email help@lhiprogram.org.
El Programa de Latino Health ofrecerá ayuda con cosas como la inscripción en el seguro de salud y los beneficios alimentarios en español y portugués. Cualquier persona que necesite ayuda debe llamar al 508 875-1237 entre las 9am y las 5pm M-f, o enviar un correo electrónico help@lhiprogram.org.

*Note: Donations should not be expected. No se deben esperar donaciones.*

**Stimulus Checks**

If you filed your income taxes for 2018 and 2019, and you provided a direct deposit bank account to the IRS, you should be all set and assuming you are eligible, can expect a deposit into your account. The deposits are targeted to begin this week.


**Who is eligible?**

**What to do if you have not filed taxes?**

You should use this application if:

- You did not file a 2018 or 2019 federal income tax return because your gross income was under $12,200 ($24,400 for married couples). This includes people who had no income. Or
- You weren’t required to file a 2018 or 2019 federal income tax return for other reasons
- You have dependent children 17 or younger

If you receive these benefits, we already have your information and you will receive $1,200. Do not use this application if you receive:

- Social Security retirement, disability (SSDI), or survivor benefits
- Railroad Retirement and Survivor Benefits

**Special note:**
People in these groups who have qualifying children under age 17 can use this application to claim the $500 payment per child.

**What to do if you have not set up direct deposit into an account or are not sure if you have set this up? This application will be available in Mid-April!**

Use the "Get My Payment" application (coming mid-April) to:

- Check your payment status
- Confirm your payment type: direct deposit or check

Return to [Index](#)
Enter your bank account information for direct deposit if we don't have your direct deposit information and we haven't sent your payment yet

### Other FAQs

**Where Can I Get Tested?**
The Department of Public Health recommends that anyone who suspects they have COVID-19 symptoms contact their health care provider for instructions first. If they do not have a health care provider they should call their insurer, a local urgent care, or community health center or hospital.

**Interactive Map**

However, the following places are confirmed to offer COVID-19 testing:

- **Bellingham**
  - Bellingham Urgent Care
    - 1 Wrentham St.
    - (508) 488-5488
    - [https://bellinghamurgentcarema.com](https://bellinghamurgentcarema.com)

- **Franklin**
  - MedPost Urgent Care
    - 648 Old West Central St.
    - (508) 613-8101
    - [https://www.carespot.com/medpost-urgent-care/franklin-ma/](https://www.carespot.com/medpost-urgent-care/franklin-ma/)

- **Framingham**
  - Carewell Urgent Care
    - 50 Worcester Rd. #3
    - (508) 861-7375

  - Convenient MD
    - 236 Cochituate Rd.
    - (774) 244-3227

- **MetroWest Medical Center**
Marlborough
UMass Memorial Hospital
157 Union St.
(508) 481-5000
https://www.umassmemorialhealthcare.org/

AFC Urgent Care
38 Boston Post Road East
(508) 630-8989
https://www.afcurgentcarenatick.com/

Carewell Urgent Care
757 Boston Post Road East
(508) 630-8989

Natick
AFC Urgent Care
945 Worcester St.
(508) 650-6208
https://www.afcurgentcarenatick.com/

Natick Urgent Care
4 Mercer Rd.
(508) 318-4466
https://natickurgentcare.com/

Northborough
Carewell Urgent Care
333 Southwest Cutoff
(508) 466-8677

MedPost Urgent Care
10002 Shops Way
(508) 919-8190
https://www.carespot.com/medpost-urgent-care/northborough-ma/
What If I Can't Go Out to Use My SNAP Benefits?
Yes, you can designate an Authorized Representative to use your EBT card.

https://www.mass.gov/guides/using-your-ebt-card#-request-an-authorized-representative-

What’s going on with my communications provider? (Cell phone, internet, cable...)
All of the major carriers, as well as the subsidized program, Lifeline, will waive late fees and avoid termination of service until at least 05/13/2020.

Updates may be found at mass.gov/ dct

Specific to the COVID-19 emergency and communication provider response:

Am I Going to Be Evicted?

For Renters
In order to avoid having to pay late fees or receiving a negative credit report, the law requires tenants to send a form of hardship notice to their landlord within 30 days of every missed rent payment. That means if a tenant missed paying rent due April 1, the tenant must send the form by April 30 (3 days from now). One form must be filled out for each month of missed payment. If a tenant is unable to fill out and transmit the form, they can also email or post a letter to the landlord with the same information. Direct link to form:


For Home Owners
The Division of Banks has also put out a Frequently Asked Questions document regarding the moratorium on foreclosures. Direct link here:

https://www.mass.gov/doc/chapter-65-dob-faq/download

Landlord Options
The law allows the landlord to use last month's rent to pay for certain expenses including, but not limited to, mortgage payments, utilities, repairs and required upkeep. However, the landlord must send a form of notice to the tenant when doing so. The form is here:

https://www.mass.gov/doc/notice-to-tenant-use-of-advance-rent-payment/download
Though the law prevents landlords from sending Notices to Quit (Evict), the regulations allow for sending notice of past rent due (arrearages) provided that each notice must include the following language, prominently on the first page:

“THIS IS NOT A NOTICE TO QUIT. YOU ARE NOT BEING EVICTED, AND YOU DO NOT HAVE TO LEAVE YOUR HOME. An emergency law temporarily protects tenants from eviction during the COVID-19 emergency. The purpose of this notice is to make sure you understand the amount of rent you owe to your landlord.”

Bottom line: You cannot be evicted for past due rent, but rent is still owed and your landlord can use your last month’s rent as well as give you notices of past due rent.

I Heard a Warning About Using Hand Sanitizer, Is It Safe?
In most cases, yes. The current advisory is only for Eskbiochem products. However, the advisory warns about the use of methanol (wood alcohol) in sanitizing products in general as it can be absorbed through the skin and is toxic. Be alert with the products that you use, hand sanitizer is important for public health.