Advisory: Hand Sanitizer

Free Testing: Stop the Spread

07/06: <u>Currently in Phase 3</u> Phase 4 may begin as early as 07/27, but is unlikely to happen on that date as it requires a breakthrough on testing or treatment.

Index

- <u>Emergency Announcements</u>
- State-wide Info
- General School Info
- Food Pantries
- <u>Grocery</u>
- Other Contacts
- Stimulus Checks
- Other FAQs

<u>Ashland</u> <u>Marlborough</u> <u>Sherborn</u>

Bellingham Maynard Southborough

<u>Dover</u> <u>Medfield</u> <u>Stow</u>

<u>Foxborough</u> <u>Medway</u> <u>Sudbury</u>

<u>Framingham</u> <u>Millis</u> <u>Wayland</u>

Franklin Natick Wellesley

Holliston Needham Weston

<u>Hopkinton</u> <u>Norfolk</u> <u>Wrentham</u>

<u>Hudson</u> <u>Plainville</u>

This is a working document. Resources for COVID-19 are changing daily. If any of the information presented is inaccurate or out-of-date, please contact me at sblea@mwcil.org in order to correct the mistake.

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Frequently Asked Questions (FAQs)

- 1. What If I Can't Go Out to Use My SNAP Benefits?
- 2. What's going on with my communications provider? (Cell phone, internet, cable...)
- 3. Am I Going to Be Evicted?
 - a. For Renters
 - b. For Home Owners
 - c. Landlord Options
- 4. Where can I be tested?
 - a. Interactive map

Emergency Announcements

Phased Reopening of Massachusetts

Massachusetts will "reopen" in a four phase system. Each phase will last 3 weeks, but that time may be increased by the Governor at any point during the phase. It's also possible that phases could be rolled back if things get worse.

- 1. **Phase One:** Limited industries resume operations with severe restrictions.
- 2. Phase Two: Additional industries resume operations with restrictions and capacity limitations.
- 3. **Phase Three:** Additional industries resume operations with guidance.
- 4. **Phase Four:** Development of vaccine and/or treatment enables resumption of "new normal" *Earliest possible 07/20/2020 ** Note: This phase is contingent on reliable vaccine or treatment*

For more information on the specifics of each phase and what the new normal will look like, use the slide show here:

https://www.mass.gov/doc/reopening-massachusetts/download

Gov. Baker has issued a State-wide mask order

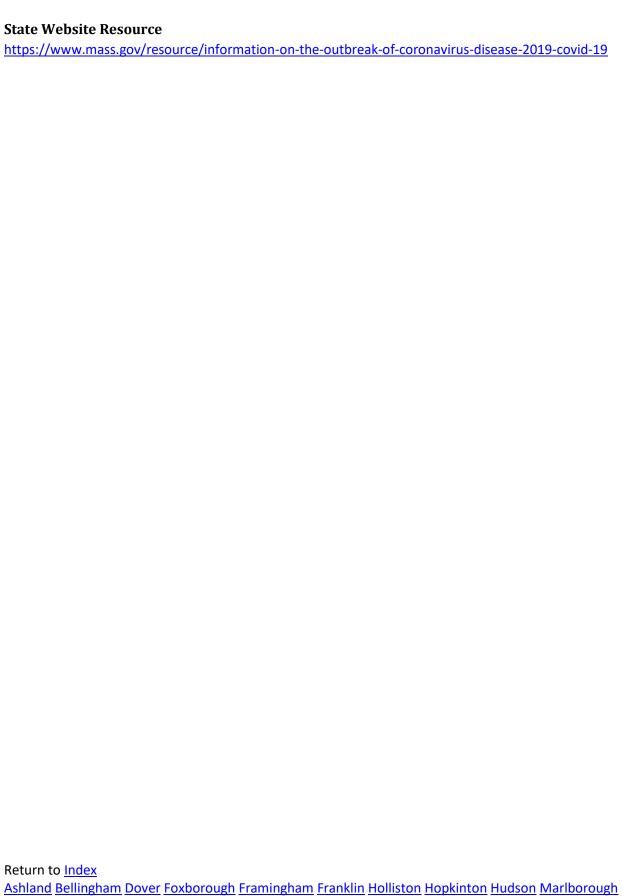
Members of the public will be required to wear masks in all public common areas, particularly those where social distancing will be difficult to follow. This includes essential businesses, who will also be responsible for ensuring compliance with the mask order. Face coverings that can qualify as masks include: masks, scarves, and bandanas.

Statewide Info

Text Alerts

Text COVIDMA to 888777 to receive text alert messages from the Commonwealth regarding COVID-19.

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Ashland, MA

(508) 881-0100

www.ashlandmass.com/765/Coronavirus-2020

Emailing List:

https://visitor.r20.constantcontact.com/manage/optin?v=001XOdkdBQ3sCaMFrUTHOEMhiEZgJ3_nM7Z &id=preview

Hotline: (508) 532-7900

Code Red

Ashland has opted to use a text-alert program named Code Red. Subscribing to Code Red will ensure that you get the latest town updates via text message to your phone.

You can subscribe for Code Red at the following site: https://public.coderedweb.com/CNE/en-US/BF74D35316B3

Town Hall is OPEN by Appointment Only

Website updated as of 6/23/2020.

Council on Aging

(508) 881-0140 or (508) 532-7944



The Ashland Senior Center is closed to the public and running on limited services.

They are still taking calls remotely. Their SHINE counselor is not available but they are attempting to handle those calls with other staff at the center. They have also been in contact with seniors in the community and connecting them with the Food Pantry, which is also **arranging curbside pickup** for seniors who can't make it out into the community. This service can be arranged by contacting one of two ways: **humanservices@ashlandmass.com** or **(508) 532-7942**

Other

Ashland is running a Restaurant & Resident Relief program. Volunteers will pick up food from participating restaurants which will be brought back to Ashland's community center where families in need will be able to come and pick up the prepared food.

In order to limit contact, families picking up the food will be picking up their food "drive-in" style. Families are asked to call in ahead of time at (508) 532-7946.

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Pickup times: Mondays, 11AM-12PM and Wednesdays from 1PM-2PM

Neighbor Brigade

The Ashland Neighbor Brigade is available to help Ashland residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: (508) 271-7885 or email: AshlandMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/93e2e1fe-2bc9-4a84-80d1-e6da7023ada3/1

Ashland Food Pantry

The Ashland Food Pantry is currently operating on Mondays from 11AM-12PM and Wednesdays from 1PM-2PM. *This pantry is open to residents only.*

Contact: (508) 532-7942 Address: 162 W. Union St., Lower Level

Email: humanservices@ashlandmass.com

Bellingham, MA

(508) 966-5827

https://www.bellinghamma.org/

Emailing List:

https://www.bellinghamma.org/subscribe

Town buildings are closed indefinitely.

Website updated as of 7/8/2020.

Code Red

Bellingham has opted to use a text-alert program named Code Red. Subscribing to Code Red will ensure that you get the latest town updates via text message to your phone.

You can subscribe for Code Red at the following site:

https://public.coderedweb.com/CNE/en-US/F72A5BC83595

For more information, check here: https://youtu.be/2Mf7vkFOU14

Council on Aging

(508) 966-0398



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The Bellingham Senior Center is closed to the public. However, they are providing essential transportation (medical, employment, grocery/pharmacy) during this closure. They will also continue to offer SHINE services through phone appointment. Finally, they may still be contacted for general outreach purposes.

Other

Loaves & Fishes Pantry

The local food pantry for Bellingham is run by the Saint Blaise church. It operates on Wednesdays from 11AM-1PM. *This pantry is open to residents only.*

Contact: sdurkin@saintblaise.org Address: 1158 South Main St.

Daily Updates

The town of Bellingham is doing daily livestreams at 10AM (Mon-Fri) in order to notify the public of the current situation and any changes that might have taken place.

These updates will be televised on ABMI Comcast Cable 8, Verizon Cable 47 or watch via LIVE STREAM on the ABMI Website: http://abmi8.org/

Dover, MA

(508) 785-0032

https://ma-dover.civicplus.com/431/Dover-COVID-19-Updates-Information

Emailing List

https://ma-dover.civicplus.com/list.aspx

Town Hall is OPEN by Appointment Only

Website updated as of 7/2/2020.

Council on Aging

(508) 315-5734

Transportation

✓ SHINE

✓ Outreach

✓ Med PickUp

Food Delivery

✓

The Dover Senior Center is closed until further notice. However, its staff are available by phone, and email to provide basic services and remote support.

As of 03/20/2020, the CoA was still offering transportation for medical appointments, grocery, and pharmacy. However, they're actively reaching out and advising seniors to stay at home when possible;

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Dover is also working with volunteers in order to help set up systems that can help seniors stay at home while still receiving services for things like shopping and medicine that they will need.

Other

Dover has a COVID-19 Response Taskforce, the Director of the Council on Aging, Janet Claypoole is on the taskforce.

The Dover library has a limited opening

Foxborough, MA

(508) 543-1200

www.foxboroughma.gov/departments/health/c o v i d-19 - health

https://www.mass.gov/info-details/covid-19-response-reporting

Emailing List:

http://www.foxboroughma.gov/Newsletter/One.aspx

Town Hall is open

Masks are required for entering any building

Website updated as of 7/2/2020.

Council on Aging

(508) 543-1234



The Foxborough Council on Aging is running limited programming during the COVID-19 state emergency. More specific information pending a returned phone call from the Director.

Transportation is not currently being provided, but seniors are encouraged to reach out to GATRA's subcontractor for Foxborough, Kiessling Transportation **(800) 698-7676**.

The Council on Aging is also arranging **med pick-up and drop-off** on a case-by-case basis and the local CVS has offered to deliver prescriptions for Foxborough's seniors for free.

Additionally, they are coordinating with the local **food pantry** to help provide seniors with food who are otherwise unable to leave their home. The pantry can be reached at **(508) 543-5235** and are open: Tue & Thu 9AM-11AM.

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Other

School Meals Program

Foxborough Public Schools are not currently offering a meal pickup program. Instead, they are coordinating with their local food pantry in order to offer items weekly to families in need in order to help cover the breakfast and lunch mealtimes.

Foxborough Food Pantry

The Foxborough Food Pantry is open Tuesdays from 9AM-11AM and Thursday from 9AM-11AM. *This pantry is open to residents only.*

Contact: (508) 543-5235 Address: 35 Neponset Ave.

Framingham, MA

(508) 532-5411

www.framinghamma.gov/2875/CORONAVIRUS-COVID-19

Emailing List

https://www.framinghamma.gov/list.aspx

Framingham Town Hall is now open

- ➤ Masks are still required when indoors
- > If you have symptoms or are sick please do not go

Website updated as of 7/6/2020.

Framingham Info Hotline

(508) 532-5411

News

This information may change to reflect current news which means previous contents may be removed for newer ones.

Community Hour to answer questions about Framingham Businesses Amid the Pandemic https://www.youtube.com/watch?v=Bz4tMeZJETQ&feature=youtu.be

Council on Aging

(508) 532-5980

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^{*} The emergency number has been discontinued.



The Callahan Center is closed until at least 03/29/2020. However, its staff are available by phone and email (council.on.aging@framinghamma.gov) to provide basic services and remote support. Transportation services are confirmed to be not active. However, Framingham is served by the MWRTA's the Ride and fixed route services which are still functioning.

The Callahan Center has **frozen foods** available specifically for seniors, but seniors should call in advance before picking it up.

Other

School Meals Program

Breakfast and Lunch will be available for pick-up from the following schools:

- Cameron Middle School, 215 Elm St.
- Barbieri Jr Elementary, 100 Dudley Rd.
- Fuller Middle School, 31 Flagg Dr.
- Woodrow Wilson Elementary, 169 Leland St.

Framingham Community Outreach

<u>FraminghamOutreach@gmail.com</u>
https://www.facebook.com/groups/253780618965941/www.FraminghamOutreach.org

Framingham Coronavirus Community Outreach Group has been started to help those who are looking and able to help. They provide emergency support, emotional support, links to resources, and maintain and up-to-date source of information. One example of a way they can help is by helping to shop for those who can't get out.

Food Outreach

Framingham has established a **hotline for food emergencies**. The outreach provides for those who have trouble accessing food, or for those who have no one to get food for them. The number for the hotline is **(508) 532-5479**

Medication Outreach

The MetroWest Pharmacy at 214 Union Ave. in Framingham is providing free deliveries of prescriptions.

Framingham Food Pantries

Pearl Street Cupboard & Café at Park

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The United Way runs the Pearl Street Cupboard & Café in Framingham. They are open Monday, Wednesday, and Friday from 9AM-1PM. They are also open on Wednesday evening from 5PM7PM. *This is a regional food pantry*.

Contact: (508) 561-5811 Address: 46 Park St.

Saint Bridget Parish

Salvation Army

The Salvation Army chapter in Framingham operates a local food pantry that is available by appointment.

Contact: (508) 875-3341 Address: 350 Union Ave.

MWRTA "4 Grocery" Shuttle Run

Announced on 4/22/2020, the MWRTA is running a temporary 4 Grocery shuttle that will run hourly between 7AM and 5PM. The shuttle will take shoppers from the Framingham hub to:

- Market Basket in Ashland
- Roche Bros. in Natick
- Wegman's at Natick Mall

Riders are asked to wear face masks and to sit with social distancing guidelines in mind. Further, the MWRTA is not collecting bus fare at this time in order to minimize contact between the public and their bus drivers.

Financial Assistance/Emergency Income Payment Program

The city of Framingham has announced a financial relief program which will help provide assistance with rent, mortgage, and/or utility payments for a period of two months to alleviate the burden on households which have seen a loss of employment and their primary income as of 3/10/2020.

The application for this program may be found here:

https://www.framinghamma.gov/DocumentCenter/View/37558/CDBG-Rental-Assistance--Application

Franklin, MA

(508) 528-7900

www.franklinma.gov/home/urgent-alerts/coronavirus-information-portal-updates-here

Emailing List:

https://www.franklinma.gov/subscribe

Limited opening through municipal building drive-through:

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- Treasurer and Town Clerk Services
- NO Cash
- Regular business hours: (Mon-Wed: 9:00AM to 8:00PM)

Website updated as of 7/1/2020.

News

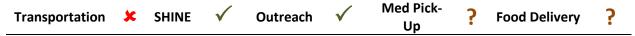
This information may change to reflect current news which means previous contents may be removed for newer ones.

Town Department Re-Entry

https://www.franklinma.gov/sites/franklinma/files/uploads/department protocols covid 19 8.pdf

Council on Aging

(508) 520-4945



The Franklin Senior Center is closed to the public, but remains open by phone, (508) 520-4945, for services that can be performed over the phone such as social services, health & wellness consultation, reassurance calls, SHINE, and the Veteran's Services officer remains available at (508) 613-1315. Transportation services are likely not active, Holliston is served by the GATRA's the Ride service which is still functioning.

The Franklin Senior Center puts out a monthly newsletter, you can also join their emailing list which is linked above under the town info:

https://www.franklinma.gov/sites/g/files/vyhlif591/f/uploads/july_events_.pdf

Other

Neighbor Brigade

The Franklin Neighbor Brigade is available to help Franklin residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: (855) 241-4357 or email: Franklinma@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/d344e590-7541-488a-8594-34b5f451db96/1

Franklin Food Pantry

The Franklin food pantry operates Tuesday and Friday from 9:30AM-12:30PM and from 1:30PM-4PM. This pantry is open to residents only.

Contact: (508) 528-3115 Address: 43 West Central St.

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Holliston, MA

(508) 429-0601

www.townofholliston.us/home/news/information-on-the-flu-and-covid-19-viruses

Town buildings are closed indefinitely

- Some parks are open
- > Town recycling is open

Website updated as of 7/7/2020.

Council on Aging

(508) 429-0622

Transportation

✓ SHINE

✓ Outreach

✓ Med PickUp

Food Delivery

✓

The Holliston Senior Center is closed until further notice. However, its staff are available by phone and email to provide basic services and remote support. Transportation services are available on a limited basis for urgent needs like medical appointments, grocery shopping, or pharmacy trips.

Other

Holliston Pantry Shelf

The Holliston Pantry Shelf has changed their method of operation due to COVID-19. However, instead of doing drive-by pick-up, Holliston is doing food pantry delivery. Those eligible for food pantry services should contact the pantry Monday through Friday from 10AM-1PM or email them at info@hollistonpantryshelf.org. *This pantry is open to residents only*.

Contact: (508) 429-5392 Address: 73 Charles St. *Note: This food pantry is closed to the public

Hopkinton, MA

(508) 497-9700

www.hopkintonma.gov/departments/covid-19 resource page.php

https://coronavirus-hopkintonma.hub.arcgis.com/

Town buildings are closed indefinitely

- Some parks are open
- Drop-off box at the Town Hall

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Website updated as of 7/3/2020.

News

This information may change to reflect current news which means previous contents may be removed for newer ones.

Four Phase Approach to Reopening Massachusetts (Hopkinton Plan)

https://www.hopkintonma.gov/Covid-19%20update%20May%2012%20AM%20final.pdf

Council on Aging

(508) 497-9730



The Hopkinton Senior Center is closed until further notice. However, its staff are available by phone and email to provide basic services and remote support. Transportation services are likely not active, Hopkinton is served by the MWRTA's the Ride service which is still functioning.

Other

School Meal Programs

Hopkinton School Meals are being provided through Project Just Because. Various prepared lunches consisting of subs and sandwiches are provided to the pantry specifically for kids who would be students of Hopkinton schools. There was no specific mention of a confirmation process. However, the program is still geared to those most in need.

Project Just Because

The local food resource center for Hopkinton is working with the Hopkinton school system and continuing to serve families in need. Their contact information is: (508) 435-6511 or they can be visited online at https://projectjustbecause.org/.

Consumers can inform them of what they need at the front entrance and then pick up their supplies from a side entrance.

Hopkinton Food Pantry - Project Just Because

The Hopkinton Food Pantry is called Project Just Because and it is open **every other week** from Monday through Thursday from 9:30AM-3:30PM. *This pantry is open to residents only.* For delivery options you can call or email at pjboffice@comcast.net.

Contact: (508) 435-6511 Address: 109 South St.

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Hudson, MA

(978) 568-9615

www.townofhudson.org/home/news/coronavirus-disease-2019-covid-19

Emailing List

https://www.townofhudson.org/subscribe

Town buildings are closed indefinitely.

Drop-off location for town business.

Website updated as of 5/4/2020.

Council on Aging

(978) 568-9638

Transportation ★ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

Janice Long Director

Other

School Meals Program

Hudson Public Schools are running a bus-delivery based meal service in addition to the standard pick-up operation that most schools seem to be doing. Pick-up is at Quinn Middle School located at 201 Manning St, from 7AM to 9AM on Tuesdays, Wednesdays, and Fridays.

The bus delivery will stop at three locations:

Robinson's Hardware Store 7:10AM – 7:30AM located at 31 Washington Street
 Cherry Street Field 7:50AM – 8:10AM located at 61 Cherry Street
 United Methodist Church 8:30AM – 8:50AM located at 34 Felton Street

Additionally, the schools are partnering with the First United Methodist Church and the Hudson Community Food Pantry to help supplement breakfast and lunch for needy families with food options for other meals.

Hudson Food Pantry

The Hudson Food Pantry has dropped their Tuesday hours during the COVID-19 emergency. However, they are continuing to be open on Saturday from 9AM-10:0AM. They also have the first Thursday of

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^{*} updates are more likely to be found on the home page: https://www.townofhudson.org/

every month still listed from 7PM-8:30PM. *This pantry is open to residents only.* They may be emailed at contact@hudsoncommunityfoodpantry.org.

Contact: (978) 562-5280 Address: 28 Houghton St.

Marlborough, MA

(508) 460-3770

https://city-of-marlborough-coronavirus-response-marlboroughma.hub.arcgis.com/

https://www.marlborough-ma.gov/

Emailing List:

https://marlboroughportal.bbcportal.com/

Town Hall open by APPOINTMENT only

> Town has drop-off boxes for use by the public.

Website updated as of 7/6/2020.

Community Hotline: (508) 251-5622

Council on Aging

(508) 485-6492



The Marlborough Senior Center is closed until further notice. However, its staff are available by phone, (508) 485-6492, and email to provide basic services and remote support.

As of 03/23/2020 they continued to provide transportation for grocery and medication delivery by request. Call (508) 485-6492) to arrange any transportation.

Other

School Meals Program

Marlborough is offering two options for breakfast and lunch meals for those under the age of 18 during the closure of its schools. Meals will be available via community drop-off and pick-up, with different procedures for both. Meals will not be offered on weekends or during regularly scheduled school holidays.

Drop-Off

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www.mps-edu.org/cms/lib/MA02212715/Centricity/Domain/839/Community-wide%20Meal%20Drop%20Off%20Locations.pdf

Buses will leave the schools with meals at 8:30AM and 11:45AM to visit the scheduled stops and deliver meals.

Pick-Up

For families who cannot or are uncomfortable with community drop-offs, they can arrange to pick up meals at the Kane Elementary School located at 520 Farm Road, Marlborough, MA 01752. If this is the case, those families are asked to call, (508) 460-3507 to notify their pickup.

The hours for pick-up will be between 8:30AM and 1PM.

Additional Information:

Library CLOSED until further notice.

Youth and Adult Recreational Activities are postponed until further notice.

Public Service Internship Program is postponed till further notice.

Marlborough Community Cupboard is open and operating under regular hours.

Marlborough Food Pantry - Marlborough Community Cupboard

The Marlborough Food Pantry is known as the Marlborough Community Cupboard or MCC. This pantry is an extension of the pantries run by the United Way but is specific to those who live in and around Marlborough. Pantry hours are Monday 9AM-1PM, Wednesday 9AM-1PM & 5PM-7PM, and Friday 9AM-1PM.

Contact: (881) 811-3291 x4902 Address: 255 Main St.

Maynard, MA

(978) 897-1300

https://www.cleargov.com/massachusetts/middlesex/town/maynard/projects/734/covid_19-updates

Emailing List:

https://townofmaynard-ma.us5.list-

manage.com/subscribe?u=42fa4a2cabbdd51eb71c9d37d&id=994b8ebaee

Town Hall is OPEN by Appointment Only

- Public library has curbside pickup
- Council on Aging Van still offering rides for emergency purposes

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Website updated as of 7/8/2020.

Council on Aging

(978) 897-1009

(978) 844-6809 (CrossTown Connect Transportation Line)

Transportation ★ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

The Maynard Senior Center is closed until further notice. However, its staff are available by phone, (978) 897-1009, and email to provide basic services and remote support. Transportation services available for necessary reasons such as medical appointments, grocery shopping, and pharmacies. Contact CrossTown Connect at (978) 844-6809

Other

Neighbor Brigade

The Maynard Neighbor Brigade is available to help Maynard residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: MaynardMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/a64026c4-0881-40c8-bbc5-2afa81378b2e/1

Maynard Food Pantries

Maynard Food Pantry

The Maynard Food Pantry is running a modified schedule on Monday from 9:30AM-12:30PM, families with children will also receive an additional backpack from the school's backpack food program. They will be closed on Monday, 04/13/2020, and they hope to open again by 04/20/2020 but that date is not yet set in stone. *This pantry is open to residents only*.

Contact: (978) 764-5279 Address: 82 Main St.

Open Table

The Open Table Food Pantry provides fresh produce among its other food pantry staples. It's open Tuesday and Thursday from 3PM-6:30PM, and has special hours from 12:45PM for Seniors (55+) only. The pantry is open to residents of Maynard and those who work in Maynard only.

Medfield, MA

(508) 359-8505

www.town.medfield.net/1860/Coronavirus-Info-COVID-19

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Emailing List:

https://www.town.medfield.net/List.aspx

Town buildings are closed indefinitely.

Website updated as of 7/6/2020.

Council on Aging

(508) 359-3665

Transportation ★ SHINE ✓ Outreach ✓ Med Pick- Proof Delivery ?

The Medfield Council on Aging has nothing listed about services during the COVID-19 emergency.

Other

Medfield Food Pantry - Medfield Food Cupboard

The Medfield Food Pantry, also known as the Medfield Food Cupboard, remains open on Thursday from 5:30PM-6:30PM. *This pantry is open to residents only.* A resident can contact them by email at info@medfieldfoodcupboard.com.

Contact: (508) 359-4958 Address: 496 Main St.

Medway, MA

(508) 533-3200

www.townofmedway.org/home/pages/coronavirus-covid-19-update

Town Hall is OPEN by Appointment Only

Website updated as of 7/6/2020.

Council on Aging

(508) 533-3210

Transportation ★ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

The Medway Council on Aging has nothing listed about services during the COVID-19 emergency.

Others

Neighborhood Brigade

The Medway Neighbor Brigade is available to help Medway residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

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Contact: MedwayMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/6b4f0b59-1362-43fe-bbfe-ac3eafe45e4b/1

Medway Food Pantry - Medway Village Church Food Pantry

The Medway Food Pantry, also known as the Medway Village Church Food Pantry is operating hours on Saturday from 9AM-10PM.

Contact: (508) 533-6401 Address: 170 Village St.

Millis, MA

(508) 376-7040

https://www.millisma.gov/home/news/covid-19-information-millis

Emailing List:

https://www.millisma.gov/subscribe

Town buildings are closed indefinitely

- > Town business can be conducted online
- > A drop-off box is available for residents if needed at the town hall

Website updated as of 7/6/2020.

Council on Aging

(508) 376-7051



The Millis Council on Aging has nothing listed about services during the COVID-19 emergency.

Other

Millis Food Pantry

The Millis Food Pantry is open on the 1st and 3rd Wednesday of each month from 10AM-12PM and every Saturday from 10AM-12PM. *This pantry is open to residents only.*

Contact: mefpantry@gmail.com Address: 142 Exchange St.

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^{*} updates are more likely to be found on the home page: https://www.millisma.gov/

Natick, MA

(508) 647-6400

www.natickma.gov/1702/Coronavirus-COVID-19-Updates

Emailing List:

https://www.natickma.gov/list.aspx

Town buildings are closed indefinitely

- > Town business can be conducted online
- A drop-off box is available for residents if needed at the town hall (located front of building)

Website updated as of 7/6/2020.

Hotline: (508) 647-6540

Council on Aging

(508) 647-6544

Transportation ★ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

I spoke with Susan Ramsay, the Director of the Natick Council on Aging. While the Natick offices are closed to the public until further notice, all town employees are still reporting to work for the most part.

Natick's CoA has cancelled all events and other recreational activity until further notice. Additionally, they are not providing any transportation services either as their employee and volunteer pool is made up of at-risk populations. Ramsay also mentioned that they hadn't really run into any hiccups there as most healthcare providers are either cancelling appointments or arranging over-the-phone appointments where possible.

Other

Neighborhood Brigade

The Natick Neighbor Brigade is available to help Natick residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NatickMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/baf11321-23fd-482b-982e-36a2ebcc10f7/1

Natick Food Pantries

Natick Service Council

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The Natick Service Council food pantry is an appointment-only pantry. *This pantry is open to residents only*. The Natick Service Council will call 24 hours before your appointment to confirm. During the appointment, consumers have around 15 minutes to get what they need.*

* This may have changed due to the COVID-19 emergency. Reaching out to confirm.

Contact: (508) 655-1791 Address: 2 Webster St.

A Place to Turn

A Place to turn is a regional food pantry that serves residents in a number of towns in MWCIL's service area. They are currently open Tuesday and Thursday from 9:30AM-12:30PM only. A Place to Turn requires a referral for their services.

Contact: (508) 655-8868 Address: 99 Hartford St.

Needham, MA

(781) 455-7500

www.needhamma.gov/85/Public-Health

www.needhamma.gov/4852/COVID-19-FAQ

www.needhamma.gov/list.aspx?ListID=472 Sign-up for Text/Email alerts from Needham

https://stories.opengov.com/needhamma/published/IP3WUJtv

Emailing List:

https://www.needhamma.gov/list.aspx

Limited reopening of ALL town buildings.

- **EXCEPT** Center at the Heights and Needham Free Public Library.
- > Open by APPOINTMENT only.

Website updated as of 7/2/2020.

Council on Aging

(781) 855-3629



The Needham Council on Aging is closed to the public but maintains outreach services at this time. **Transportation** services have been canceled, those in need can call the Ride from the MBTA: **(844) 427-7433**.

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Currently, Needham's CoA is providing outreach through ZOOM, offering activities and classes over the service.

The town of Needham provides an emailing list for its residents. Interested Elders should consider joining the CoA emailing list.

https://www.needhamma.gov/list.aspx

Other

Neighborhood Brigade

The Needham Neighbor Brigade is available to help Needham residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NeedhamMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/6fdd72e5-3463-47a7-a7f0-a1559bf07747/1

Needham Food Pantry - Needham Community Council

The Needham Food Pantry, also known as the Needham Community Council, is open for consumers on a modified schedule by appointment only through 04/16/2020. Their regular hours are Monday from 10:30AM-4PM, Wednesday from 10:30AM-7PM, and Saturday 10AM-2PM. *This pantry is open to residents only.*

Contact: (781) 444-2415 Ext: 1050 Address: 570 Hillside Ave.

Norfolk, MA

(508) 528-1408

https://www.norfolk.ma.us/

https://norfolk.ma.us/assets/files/news/coronavirus-update-may-4-2020.pdf

* updates are more likely to be found on the home page: https://norfolk.ma.us/

Town Hall is OPEN by Appointment Only

The Norfolk Public Library is doing contactless book pick-up.

Website updated as of 7/2/2020.

Council on Aging

(508) 528-4430

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The Norfolk Council on Aging is still providing what services they can remotely. They're working with the local **food pantry** to provide food for seniors at **(508) 528-5862 x4**. HESCO continues to provide **meals on wheels** services for meal delivery to seniors at **(781) 784-4944**. Further, Norfolk seniors are able to arrange **medication pick-up and delivery** through the CoA. For **transportation**, seniors can reach out to the MWRTA's Dial-a-Ride: **(508) 820-4650**.

Other

Norfolk Food Pantry - Emmanuel Baptist Church Food Pantry

The Norfolk Food Pantry, also known as the Norfolk Food Pantry at Emmanuel Baptist Church, is serving consumers on Saturday from 9:30AM-11:30AM. *This pantry is open to residents only.*

Contact: (508) 528-5862 Address: 63 Rockwood Rd.

Plainville, MA

(508) 695-3010

www.plainville.ma.us/home/urgent-alerts/coronavirus-covid-19-updates

Emailing List:

http://www.plainville.ma.us/subscribe

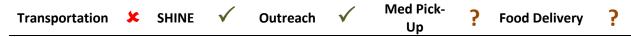
Town buildings are closed indefinitely

- Town business can be conducted online
- > A drop-off box is available for residents if needed at the town hall (located side of building)

Website updated as of 7/3/2020.

Council on Aging

(508) 699-7384



Reached out to the Plainville Council on Aging for feedback on services provided.

Other

Plainville Food Pantry - Living Bread Food Pantry

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The Plainville Food Pantry, also known as the Living Bread Food Pantry, is open Wednesday from 6:15PM-7PM. *This pantry is open to residents only.*

Contact: (508) 695-9587 Address: 16 East Bacon St.

Sherborn, MA

(508) 651-7858

https://www.sherbornma.org/covid-19

Emailing List:

https://www.sherbornma.org/subscribe

Town buildings are closed indefinitely

- Town business can be conducted online
- > A drop-off box is available for residents if needed at the town hall (front of town hall)
- > Accommodations can be made for individuals to visit in person

Website updated as of 7/2/2020.

Council on Aging

(508) 651-7858

Transportation ★ SHINE ✓ Outreach ✓ Med Pick-Up Food Delivery ✓

The Sherborn Council on Aging is providing assistance with grocery shopping and other urgent errands, as well as being available for outreach by phone including SHINE. Transportation isn't running, but they also haven't received requests for transportation so that may change as needed.

Southborough, MA

(508) 485-0710

www.southboroughtown.com/home/urgent-alerts/all-town-offices-closed-public

Emailing List:

https://www.southboroughtown.com/subscribe

Town Hall building will re-open on 07/13/2020 by appointment only

> Green drop box is available.

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Website updated as of 7/6/2020.

Council on Aging

(508) 229-4453

Transportation ? SHINE ? Outreach ? Med Pick- Up ? Food Delivery ?

The information regarding Southborough CoA's services during their closure for the COVID-19 emergency isn't readily available. Contact will have to be made.

Other

School Meals Program

Southborough is offering a delivery meals service for students. Drop-off of meals is made in a no-contact style between 11:30AM and 1PM. In order to access the program, you need to use this Google Docs form.

Neighborhood Brigade

The Northborough-Southborough Neighbor Brigade is available to help Northborough-Southborough residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: NorthboroughSouthboroughMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/de71cb4a-7446-4983-8bbe-45d4b5962e92/1

Southborough Food Pantry

The Southborough Food Pantry is open to consumers on Thursday from 6:30PM-7PM and Friday from 9:30AM-10:15AM. *This pantry is open to residents only*. The pantry asks that residents **place their order by 4PM on Wednesday**. The order should be placed at southboroughfoodpantry@gmail.com. However, residents can call if they can't email.

Contact: (508) 485-4847 (wait for Pantry Prompt) Address: 15 Common St.

Stow, MA

(978) 897-4514

www.stow-ma.gov/home/news/covid-19-coronavirusinformation-updated-31720

Emailing List:

https://www.stow-ma.gov/subscribe

Town Hall is OPEN by Appointment Only

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Website updated as of 6/27/2020.

Council on Aging

(978) 897-1880

Transportation ✓ SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ✓

Stow's Council on Aging is closed to the public until further notice. They are providing transportation for essential trips such as medical, pharmacy, and grocery. They continue to provide outreach over the phone. The Stow CoA food program is closed to the public, but the food is available through contact free arrangements.

Other

Neighbor Brigade

The Stow Neighbor Brigade is available to help Stow residents who are more vulnerable in order to pickup and delivery groceries, meds, and other essential services.

Contact: StowMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/f39f8ca0-8ff6-4dbb-a904-a2e0100415e2/1

Stow Food Pantry

The Stow Food Pantry is open to residents by appointment. In addition to calling, residents can email for an appointment at stowfoodp@gmail.com. This pantry is open to Stow and Maynard residents only.

Contact: (978) 897-4230 Address: 509 Great Rd.

Sudbury, MA

(978) 443-8891

https://sudbury.ma.us/health/2020/03/21/coronavirus/

https://sudbury.ma.us/selectmen/?p=2115

Emailing List:

https://visitor.r20.constantcontact.com/manage/optin?v=001i6pY1oARoQleN_zYNIG6NNvU99J70D_D

Town buildings are closed indefinitely

Town business can be conducted online

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A drop-off box is available for residents if needed at the town hall (front of town hall)

Website updated as of 7/7/2020.

Council on Aging

(978) 443-3055



Sudbury's Council on Aging is closed to the public until further notice. They are not providing transportation services. They are providing grocery pickup for seniors in critical need on a case-by-case basis. They are also offering Friendly Visitor services over the phone as well as a new program, Phone Buddies, in order to continue to provide social contact.

The CoA of Sudbury has issued the following newsletter for July:

https://container.parishesonline.com/bulletins/06/5177/20200701N.pdf

Sudbury's CoA maintains an emailing list, you can sign up for it here:

https://visitor.r20.constantcontact.com/manage/optin?v=001i6pY1oARoQleN zYNIG6NNvU99J70D D

Other

School Meals Program

School meals will be provided on Monday for breakfast Monday through Wednesday and on Wednesday for Thursday and Friday. Meals are available to all students, but they will still be priced as usual, which means free and reduced lunch students shouldn't pay anything, or whatever their reduced rate is.

In order to participate, the following form needs to be filled out for **each** student:

https://docs.google.com/forms/d/e/1FAIpQLSeFsQ1PaD-YRj1LTO5IY7USgjcHX2GFR62-ebfiq114kQ YLw/viewform

Neighbor Brigade

The Sudbury Neighbor Brigade is available to help Sudbury residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: SudburyMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/daf6bbf5-a475-4864-83b0-6e8f9e23ad1f/1

Sudbury Food Pantry

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The Sudbury Food Pantry is open on Tuesday and Thursday from 11:30AM-2:15PM. They will be closed on 04/07/2020 and 04/09/2020 but will resume regular hours the following week. *This pantry is open to anyone in the area.*

Contact: (978) 443-7725 Address: 160 Concord Rd.

Wayland, MA

(508) 358-7701

https://www.wayland.ma.us/procurement-office/covid-19

Emailing List:

https://www.wayland.ma.us/subscribe

Town buildings are closed indefinitely

- Town business can be conducted online
- A drop-off box is available for residents if needed at the town hall (front of building)

Website updated as of 7/8/2020.

Council on Aging

(508) 358-2990

Transportation ? SHINE ✓ Outreach ✓ Med Pick-Up ? Food Delivery ?

Wayland's Council on Aging is closed to the public until further notice. There is presently no information on what services they are providing in the meantime.

Other

School Meals Program

Neighbor Brigade

The Wayland Neighbor Brigade is available to help Wayland residents who are more vulnerable in order to pick-up and delivery groceries, meds, and other essential services.

Contact: WaylandMA@neighborbrigade.org

https://app.betterimpact.com/PublicOrganization/ee4a1f7b-30d2-451b-b2b1-772b343e6b91/1

Wayland Food Pantry - Celebration International Church Food Pantry

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The Wayland Food Pantry, also known as the Celebration International Church Food Pantry, is open on the 2nd and 4th Wednesday of the month from 7PM-8:30PM and Sunday by appointment. *This pantry is open to residents only.*

Contact: (508) 653-6864 Address: 6 Loker St.

Wellesley, MA

(781) 431-1019

https://coronavirus-wellesleyma.hub.arcgis.com/

Emailing List

https://wellesleyma.gov/list.aspx

Town buildings are closed indefinitely

- Town business can be conducted online
- > A drop-off box is available for residents if needed at the town hall (Washington St entrance)

Website updated as of 7/8/2020.

News

This information may change to reflect current news which means previous contents may be removed for newer ones.

Grants for Masks and Meals

https://www.wellesleyma.gov/DocumentCenter/View/20174/CFFW_COVID-19-Fund-Third-Grants_FINAL

Council on Aging

(781) 235-3961



Wellesley's Council on Aging is closed to the public until further notice. Currently they are still providing transportation for essential trips such as picking up grocery or medications and for medical appointments.

Wellesley has some programs it's running in July and August:

https://www.wellesleyma.gov/DocumentCenter/View/20618/Newsletter-July-August-2020

The CoA in Wellesley maintains an emailing list which you can join here:

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https://wellesleyma.gov/list.aspx

Other

School Meals Program

The primary contacts for the school meals program during closure are Matt Delaney and Sue, both can be reached at (781) 446-6250, x5708 for Matt and x5707 for Sue.

The lunch form must be filled out ahead of time for **each** student:

https://docs.google.com/forms/d/e/1FAIpQLSdNXdK9EJ-PCRZcB-qWPJMXXFWDcEu5v_R37A-xrClNffpm3w/viewform

If you believe your family will qualify for the National School Lunch Program as a result of a change in circumstances, you can apply here:

https://wellesleyps.org/students-families/food-services/

Wellesley Food Pantry

The Wellesley Food Pantry is open Tuesday from 9AM-11AM. Every second Tuesday of the month they are also open 6PM-7PM. *This pantry is open to residents only*.

Contact: (781) 235-1188 Address: 207 Washington St.

Weston, MA

(781) 893-7320

www.weston.org/CivicAlerts.aspx?AID=595

Emailing List:

https://www.weston.org/list.aspx

Town Hall is OPEN by Appointment Only

Weston Public Library is offering curbside pick-up starting 06/05/2020.

Website updated as of 7/8/2020.

Council on Aging

(781) 786-6280

Transportation

✓ SHINE

✓ Outreach

✓ Med PickUp

Food Delivery

✓

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Weston's Council on Aging is closed to the public until further notice. They continue to provide outreach by phone. Further, they're working with the Emergency Reserve Corps to help residents with grocery and pharmacy as needed. They are also providing taxi vouchers and, for essential medical appointments, CoA transportation for consumers.

Other

School Meals Program

Weston schools are partnering with neighboring organizations to ensure that the nutritional needs of its students, particularly those in the free and reduced lunch program, the following form can be filled out to set up delivery of necessary items:

https://docs.google.com/forms/d/e/1FAIpQLSeQwoZRZbGgTqIH-f1XM1kVGPXJ27J0IlGaYVrrVwQeOMmLww/viewform

Wrentham, MA

(508) 384-5400

http://wrentham.ma.us/78-home/991-coronavirus-covid-19

Emailing List:

https://wrenthamcovid19.com/

The Town Hall is OPEN to the public

All visitors must wear face masks

Website updated as of 6/23/2020.

Council on Aging

(508) 384-5425

Transportation ? SHINE ? Outreach ? Med Pick-Up ? Food Delivery ?

Wrentham's Council on Aging is closed to the public until further notice. There is presently no information on what services they are providing in the meantime.

Wrentham Food Pantry

The Wrentham Food Pantry is open every Saturday from 10AM-12PM. *This pantry is open to residents only*. Email contact is available at food.wrentham@gmail.com.

Contact: (508) 384-3110 Address: 1 East St. & 22 Dedham St.

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Food Pantries

| Organization | Location | Hours | Contact | Address |
|----------------|------------|----------------------|------------|------------------|
| A Place to | Natick | Mon,Tue,Thu: 9:30AM- | (508) 655- | Region |
| Turn | | 12:30PM, Wed: 11AM- | 8868 | |
| | | 12:30PM & 5PM-7PM | | |
| Pearl St. Café | Framingham | Mon,Wed,Fri: 9AM-1PM | (508) 561- | 46 Park St. |
| | | Wed: 5PM-7PM. | 5811 | Framingham, MA |
| Mahan Circle | Medway | Tue, Thu: 9:00AM- | (508) 533- | 600 Mahan Cir. |
| | | 11:00AM | 2434 | Medway, MA 02053 |

^{*} Denotes special or changed hours of operation

Grocery

| Store | Allowed | Hours |
|-------------------|------------------------|----------------------------|
| Market Basket | 60+ | 5:30AM-7AM Tue, Wed, Thu |
| Roche Bros | 60+ & disabled | 7AM-8AM daily |
| Shaws/Star Market | 60+ & other vulnerable | 7AM-9AM Tue & Thu |
| Price Chopper | Seniors* | 6AM-7AM daily |
| Stop & Shop | 60+ | 6AM-7:30AM |
| Target | 60+ & other vulnerable | First hour of business |
| | | Closing early at 9PM daily |

Other Contacts

Neighbor Brigade

www.neighborbrigade.org/

Atlantic Dental

(508) 270-5050 Providing emergency dental services to those in the MetroWest area that need them.

Voices Against Violence

In addition to their hotline, Voices Against Violence has set up a chat at rc.chat/voices for consumers who are worried about leaving regular voicemails on their phone.

The Latino Health Insurance Program

The Latino Health Insurance Program will offer help with things like health insurance enrollment and food benefits in Spanish and Portuguese languages. Anyone who needs help should call 508 875-1237 between 9am and 5pm M-f, or email help@lhiprogram.org.

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El Programa de Latino Health ofrecerá ayuda con cosas como la inscripción en el seguro de salud y los beneficios alimentarios en español y portugués. Cualquier persona que necesite ayuda debe llamar al 508 875-1237 entre las 9am y las 5pm M-f, o enviar un correo electrónico help@lhiprogram.org.

Stimulus Checks

If you filed your income taxes for 2018 and 2019, and you provided a direct deposit bank account to the IRS, you should be all set and assuming you are eligible, can expect a deposit into your account. The deposits are targeted to begin this week.

Visit https://www.irs.gov/coronavirus/economic-impact-payments for more information. The links below are drilled down from this link.

Who is eligible?

www.irs.gov/coronavirus/economic-impact-payment-information-center

What to do if you have not filed taxes?

www.irs.gov/coronavirus/non-filers-enter-payment-info-here

You should use this application if:

- You did not file a 2018 or 2019 federal income tax return because your gross income was under \$12,200 (\$24,400 for married couples). This includes people who had no income. Or
- You weren't required to file a 2018 or 2019 federal income tax return for other reasons
- You have dependent children 17 or younger

If you receive these benefits, we already have your information and you will receive \$1,200. Do not use this application if you receive:

- Social Security retirement, disability (SSDI), or survivor benefits
- Railroad Retirement and Survivor Benefits

Special note:

People in these groups who have qualifying children under age 17 can use this application to claim the \$500 payment per child.

What to do if you have not set up direct deposit into an account or are not sure if you have set this up? This application will be available in Mid-April!

Use the "Get My Payment" application (coming mid-April) to:

- Check your payment status
- Confirm your payment type: direct deposit or check

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^{*} Note: Donations should not be expected. No se deben esperar donaciones.

 Enter your bank account information for direct deposit if we don't have your direct deposit information and we haven't sent your payment yet

Other FAQs

Where Can I Get Tested?

The Department of Public Health recommends that anyone who suspects they have COVID-19 symptoms contact their health care provider for instructions first. If they do not have a health care provider they should call their insurer, a local urgent care, or community health center or hospital.

Interactive Map

https://memamaps.maps.arcgis.com/apps/webappviewer/index.html?id=eba3f0395451430b9f631cb095febf13

However, the following places are confirmed to offer COVID-19 testing:

Bellingham

Bellingham Urgent Care

1 Wrentham St.

(508) 488-5488

https://bellinghamurgentcarema.com

Franklin

MedPost Urgent Care

648 Old West Central St.

(508) 613-8101

https:///www.carespot.com/medpost-urgent-care/franklin-ma/

Framingham

Carewell Urgent Care

50 Worcester Rd. #3

(508) 861-7375

https://www.carewellurgentcare.com/covid-19-response-at-carewell/

Convenient MD

236 Cochituate Rd.

(774) 244-3227

https://convenientmd.com/coronavirus-policy-and-procedure/

MetroWest Medical Center

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115 Lincoln St. (508) 383-1221

https://www.mwmc.com/our-response-to-COVID-19

Marlborough

UMass Memorial Hospital

157 Union St.

(508) 481-5000

https://www.umassmemorialhealthcare.org/

AFC Urgent Care

38 Boston Post Road East

(508) 630-8989

https://www.afcurgentcarenatick.com/

Carewell Urgent Care

757 Boston Post Road East

(508) 630-8989

https://www.carewellurgentcare.com/covid-19-response-at-carewell/

Natick

AFC Urgent Care

945 Worcester St.

(508) 650-6208

https://www.afcurgentcarenatick.com/

Natick Urgent Care

4 Mercer Rd.

(508) 318-4466

https://natickurgentcare.com/

Northborough

Carewell Urgent Care

333 Southwest Cutoff

(508) 466-8677

https://www.carewellurgentcare.com/covid-19-response-at-carewell/

MedPost Urgent Care

10002 Shops Way

(508) 919-8190

https://www.carespot.com/medpost-urgent-care/northborough-ma/j

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Westborough

Westborough Family Medicine 24 Lyman St. (508) 366-7100

What If I Can't Go Out to Use My SNAP Benefits?

Yes, you can designate an Authorized Representative to use your EBT card.

https://www.mass.gov/guides/using-your-ebt-card#-request-an-authorized-representative-

What's going on with my communications provider? (Cell phone, internet, cable...)

All of the major carriers, as well as the subsidized program, Lifeline, will waive late fees and avoid termination of service until at least 05/13/2020.

Updates may be found at mass.gov/dtc

Specific to the COVID-19 emergency and communication provider response:

https://www.mass.gov/alerts/broadband-and-telephone-provider-responses-to-covid-19#1494436

Am I Going to Be Evicted?

For Renters

In order to avoid having to pay late fees or receiving a negative credit report, the law requires tenants to send a form of hardship notice to their landlord within 30 days of every missed rent payment. That means if a tenant missed paying rent due April 1, the tenant must send the form by April 30 (3 days from now). One form must be filled out for each month of missed payment. If a tenant is unable to fill out and transmit the form, they can also email or post a letter to the landlord with the same information. Direct link to form:

https://www.mass.gov/doc/form-of-notice-and-documentation-covid-19-hardship-residential-tenant/download

For Home Owners

The Division of Banks has also put out a Frequently Asked Questions document regarding the moratorium on foreclosures. Direct link here:

https://www.mass.gov/doc/chapter-65-dob-faq/download

Landlord Options

The law allows the landlord to use last month's rent to pay for certain expenses including, but not limited to, mortgage payments, utilities, repairs and required upkeep. However, the landlord must send a form of notice to the tenant when doing so. The form is here:

https://www.mass.gov/doc/notice-to-tenant-use-of-advance-rent-payment/download

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Though the law prevents landlords from sending Notices to Quit (Evict), the regulations allow for sending notice of past rent due (arrearages) provided that each notice must include the following language, prominently on the first page:

"THIS IS NOT A NOTICE TO QUIT. YOU ARE NOT BEING EVICTED, AND YOU DO NOT HAVE TO LEAVE YOUR HOME. An emergency law temporarily protects tenants from eviction during the COVID-19 emergency. The purpose of this notice is to make sure you understand the amount of rent you owe to your landlord."

Bottom line: You cannot be evicted for past due rent, but rent is still owed and your landlord can use your last month's rent as well as give you notices of past due rent.

I Heard a Warning About Using Hand Sanitizer, Is It Safe?

In most cases, yes. The current advisory is only for Eskbiochem products. However, the advisory warns about the use of methanol (wood alcohol) in sanitizing products in general as it can be absorbed through the skin and is toxic. Be alert with the products that you use, hand sanitizer is important for public

https://www.fda.gov/drugs/drug-safety-and-availability/fda-advises-consumers-not-use-hand-sanitizer-products-manufactured-eskbiochem