

Senior Center Efforts during COVID-19

Ashland Senior Center

- Curb side pickup, deliveries are also being made by Ashland police for those who are unable to leave their homes. (Disabled, no transportation, etc.,)
- Resident & Restaurant Relief program (3R program) Click PDF icon for more information
- Calling at risk seniors for check-in's
- Providing website as a source of information for those who have internet access
- Providing a limited supply of books, word searches and puzzles to keep residents busy – can be picked up outside of building on bench.

Dover/Sherborn Senior Center *needs to be updated – awaiting a call back.

- Fully staffed at the Center, tons of volunteers.
- They are trying to reduce any actual contact but can deliver food to anyone in urgent need

Framingham Senior Center

- Staff are in the building, but programs are closed
- Will be conducting well-being calls to high risk elders
- Helping with HDM, unsure of how long this will last
- Offering taxi rides to residents who need a ride for an urgent matter – only in Framingham. Center has sheltered their van for now.
- Community members are calling to volunteer but not sure what they will do with them yet.
- No plan is in place for RX pickup.

Holliston Senior Center

- Food pantry is delivering
- Hot lunches are provided Monday and Wednesdays to elders in need.
- Transportation is down to a minimum; doctor's appointments as needed, encouraging consumers to cancel if not an emergency.
- Working with Lions Club who is offering volunteers to pick up groceries and maybe prescriptions.
- Will make efforts to complete wellness checks.
- The medical equipment loan closet is closed.
- All employees are working from home

Hopkinton Senior Center

- Staff is working from home; some are coming in to the COA building when needed.
- They will be calling all seniors to do a check in and they will assist with any emergencies like food, RX
- Making friendly calls to people who are feeling isolated
- Trying to prepare meals for curbside pickup - * this has not been implemented yet

Hudson Senior Center

- Center is closed; staff is coming in to answer calls, conduct well-being calls, conduct phone SHINE appointments.
- Senior bus is running Tuesday and Thursday for necessary medical appointments only.
- MWRTA bus (Route 15 in Hudson) is still running as normal for now. They stop at Peter's Grove, Simarah Gardens, Hudson Housing at Brigham Circle and Walmart, Stop & Shop, Market Basket and Marlborough Hospital as well. The schedule is online but it is a fixed route and the times are usually 1 hour between stops.
- The Hudson Food Pantry is open on Saturdays normal hours 9:00am-10:30am
- Special grocery shopping hours at Shaws, Stop & Shop, Market Basket, Wal-Mart, Walgreens
- Ana spoke to CVS pharmacy in Hudson and they will deliver prescriptions with the exception of controlled substances, medication needing refrigeration and some Medicare Part B drugs. The client has to set up an account on the CVS website and put in credit card information. They can also call CVS and they will assist in setting up an account over the phone but the client will be connected to another call center to enter in the credit card information.
- Walgreens has a mail order service that you can use called Alliance Rx and that has to be set up online as well.
- Wal-Mart mail order service at 1-800-273-3455 to set it up.
- Bouvier Pharmacy in Marlboro also delivers
- Link on website for helpful information on COVID-19

Marlborough Senior Center

- Will still be answering calls
- Schools are still providing lunches
- Consumers can go to a bus stop and still receive breakfast and/ or lunch
- Still will be checking in with elders at risk
- Bus still available as needed

Natick Senior Center

- Senior Center is closed with a skeleton crew only.

- Residents can still go to “A Place to Turn” or Natick Service Council (BY APPOINTMENT ONLY).
- Terri Checket will also be available over the phone at 508-647-6542
- Natick Police are picking up RX in Natick if needed.
- The “hotline” for residents for Natick is: 508-647-6540 (Natick Community Services Dept.)
- Natick has created a non-medical Hotline for residents. If you need assistance with groceries, medication refills and other essential items, please call 508-647-6540, option 6, Monday-Thursday, 8:30 am - 5:00 pm, Friday 8:30 am - 12:30 pm. We are here to help.
- Residents are urged to use 2-1-1 for information, resources and referrals regarding COVID-19. Operators are staffing this hotline 24/7. To get up-to-date alerts sent directly to your phone, text COVIDMA to 888-77.
- If you are sick or need medical assistance please call your healthcare provider.
- 24 Hour Online Screening - There is a 24 Hour online CoronaVirus screening available to residents on the following link: <https://www.buoyhealth.com>

Northborough Senior Center

- Staff will be working from the town building – Jocelyn is available for outreach calls.
- Monday – Thursday offering curbside pickup during lunch hours (12-1) from the in-house restaurant. Please call ahead to order 508-393-5035
- WRTA van transportation
- Check-ins will be done with consumers who are regularly checked in upon.
- Food pantry is prepackaging bags; senior center will collaborate with pantry if bags are needed.

Southborough Senior Center

- Is closed but will “have a body in the center during office hours” workers will be rotating daily.
- Has a limited list of vulnerable elders in the area that will be check upon via telephone.
- Will be using Community Emergency Response Team (CERT) to provide emergency transportation/ emergency prescription pick-up/ emergency meal drop off.
- Is working with the Southborough food pantry who is “well stocked”
- Director received 40 frozen meals that are for EMERGENCY use only.
- ** Cynthia does not want this information given to the community as it could change daily, please call and talk with someone to discuss necessary steps.

Sudbury Senior Center

- All programs have been cancelled.
- The Senior Center will continue to have volunteers (for current clients only) to go food shopping as long as the Center is open.
- For information and updates, residents should go to the Senior Center website or the Town of Sudbury website. They can find information on grocers that deliver and contact them directly for more information.

- The medical equipment loan closet is closed.
- To contact Staff please call 978-443-3055 and leave a Voice Mail message or email senior@sudbury.ma.us.
- The Town Social Worker has comprehensive lists of resources on her webpage at [Social Worker Resources](#).
- From the Website: The MWRTA Route 20 Commuter Shuttle is in operation. Riders can travel express from Marlboro/Sudbury to the Riverside Train Station and back via the commuter shuttle. Please call MWRTA at 308-935-222 for the schedule, fare and tracking information

Wayland Senior Center

- The Senior Center is closed but they are monitoring calls.
- Outreach Coordinator will be working proactively to check on consumers.
- Food delivery volunteers have been let go and now the Senior Center is using town staff to deliver food.
- If you develop symptoms of coronavirus — shortness of breath, a cough, a fever — call your doctor AND the Wayland Health Dept. Wayland Health Department Coronavirus Hotline 508-358-6805

The Town will also provide general help for residents who may need assistance obtaining basic and important life necessities, such as food or medications, by calling 508-358-7701.

Essential services available through Town

Departments: https://www.wayland.ma.us/sites/waylandma/files/uploads/20200316_essential_services_available_at_town_building_and_contact_information.pdf

- If you need help with basic necessities such as food or medicine, call the Town Help Line at 508-358-7701
- If you have questions, concerns, or need a referral, call the COA at 508-358-2990
- For general information or help, call the Mass. state help and information line: 211
- For emotional support, call 211 or the Call2Talk Helpline: 508-532-2255
- If you need fuel assistance, call SMOC at 508-620-2342. Leave a message and someone will get back to you soon. You can also email them at fueldocs@smoc.org.

Westborough Senior Center

- Will continue to deliver meals for as long as meals are provided
- Updating their emergency list – elders on this list will be called regularly for check in.

- **Stop and Shop will have designated hours for elders to go grocery shopping 6:00am – 7:30am. The bus will be operating to bring consumers to and from the Stop and Shop. There is 1 driver on call during this time. ONLY NECESSARY TRANSPORTATION WILL BE PROVIDED.**
- **Thursday shopping trips will continue**
- **SHINE appointments will continue**